

YEF Evaluator Panel Conference 2024

Embedding race equity considerations in Emotion Coaching

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Agenda



Overview of the Emotion Coaching evaluation



Reflections on how we worked together



Race equity opportunities and challenges

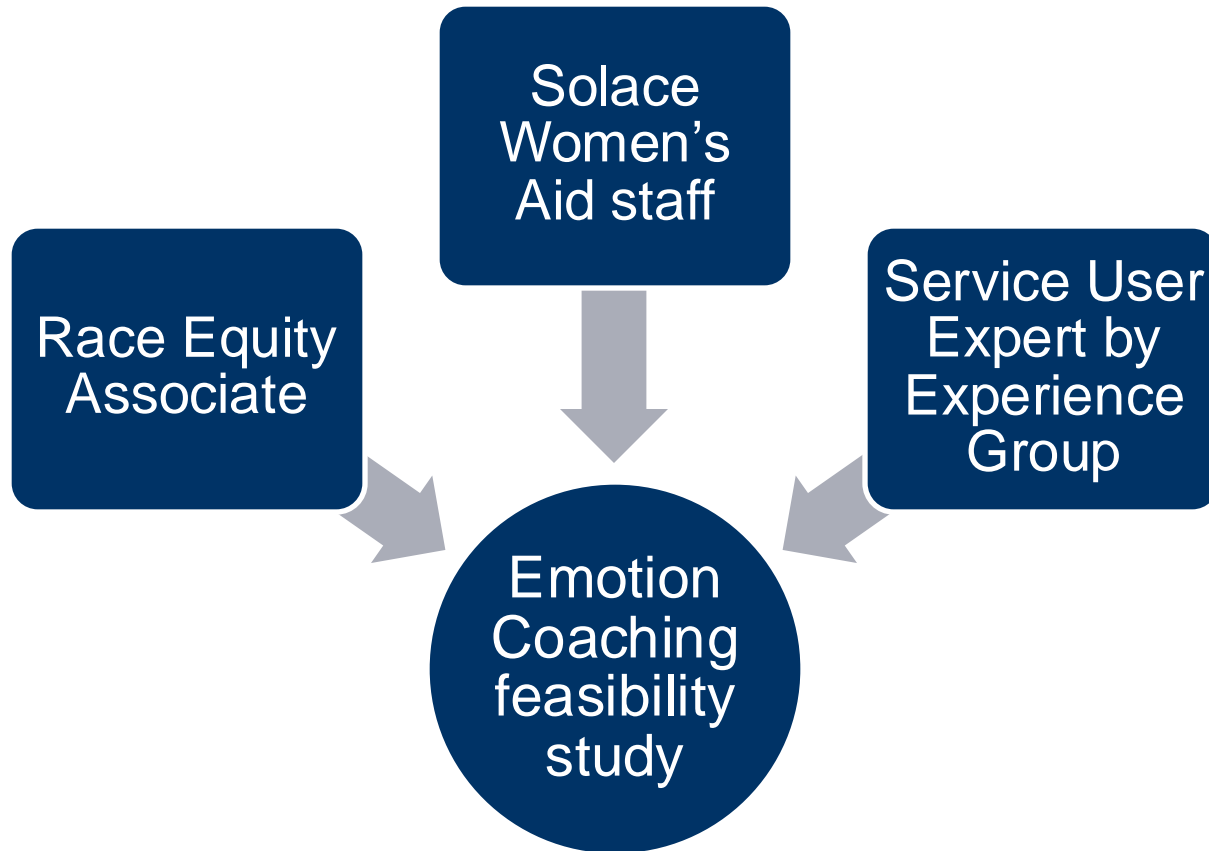


Panel Q&A

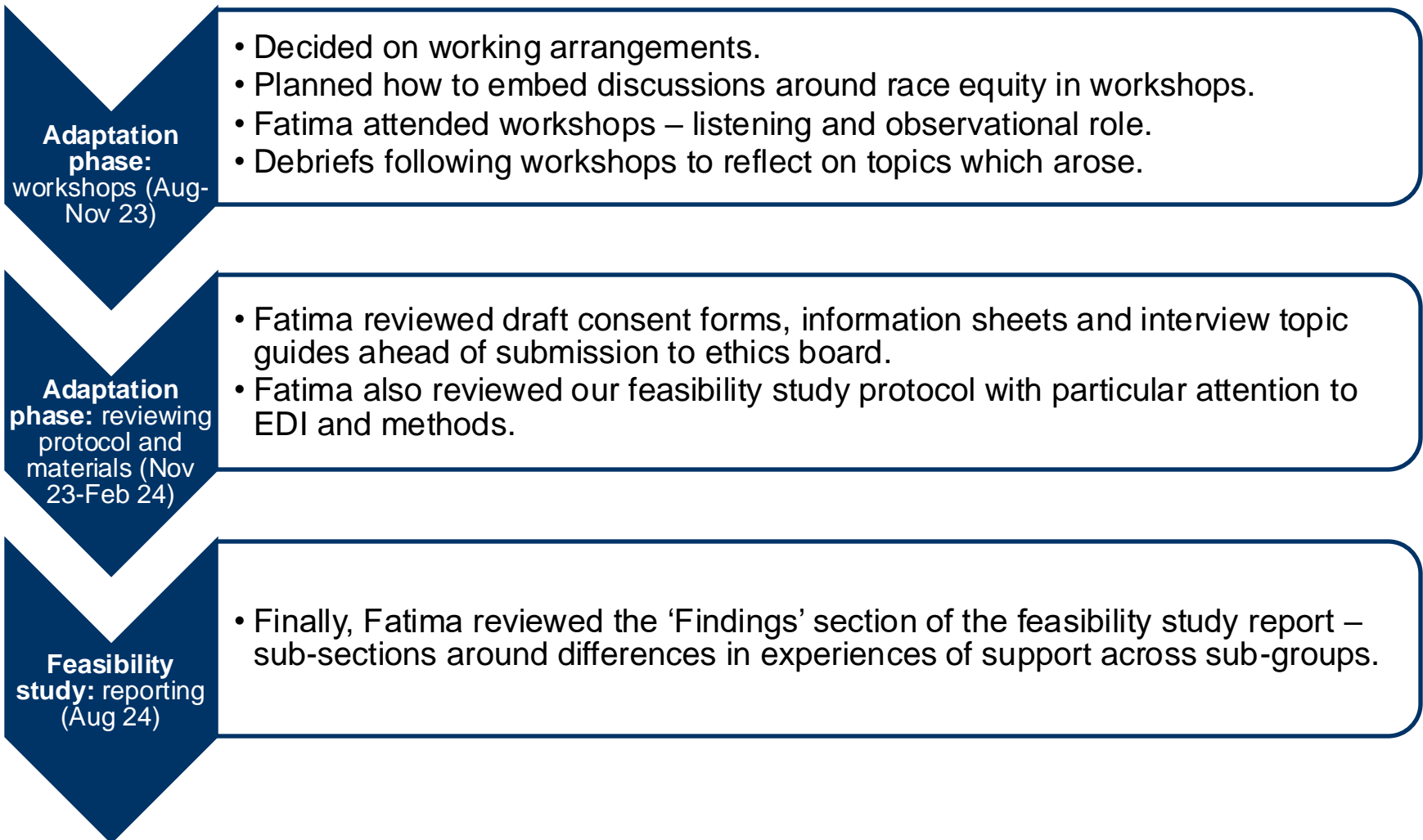
Overview of Emotion Coaching evaluation

- Funded through YEF's 'A supportive home' grant round.
- Emotion Coaching is a parenting programme for non-abusive mothers and children who have been exposed to domestic abuse.
- 12 weekly skills-based group sessions with a focus on:
 - Fostering emotion regulation in mothers and children.
 - Developing emotion coaching behaviours.
 - Minimising harsh parenting.
- Developed by Dr Lynn Katz, University of Washington.
- Adapted and delivered by Solace Women's Aid during April-July 2024.

Co-design and adaptation



How we worked together



Embedding race equity in this evaluation presented opportunities...

- Delivering this programme in refuge settings meant there was scope to reach a significant number of mothers from diverse racialised or cultural backgrounds.
- Adapting programme delivery to account for religious festivals helped with programme recruitment and retention.
- Language as a component of race equity was central to this evaluation – and thinking about how information was being received made us think more deeply about our data collection processes.

...and doing so meaningfully also presented challenges.

- We struggled to find outcome measures which had been validated among diverse, multilingual audiences – and mothers and interpreters did not interpret items in the same way.
- Challenge of certain concepts and research methods being understood differently across different contexts and cultures.
- Practical challenges in translating materials in advance – cost to utility ratio; not knowing in advance what language needs there would be.

Takeaways

- Working with a Race Equity Associate enhanced the quality and inclusivity of this evaluation.
- **The value of expertise:**
 - Cultural guidance
 - Language as race equity
 - Critical, supportive feedback.
- **What does this mean from a funding perspective?**
 - Resource required for interpreters
 - Flexibility in timeframes is essential. (e.g., around programme delivery timeline)
 - Investing in equity improves outcomes.



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