### YEF Evaluator Panel Conference 2024

Embedding race equity considerations in Emotion Coaching

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### Agenda



Overview of the Emotion Coaching evaluation



Reflections on how we worked together



Race equity opportunities and challenges



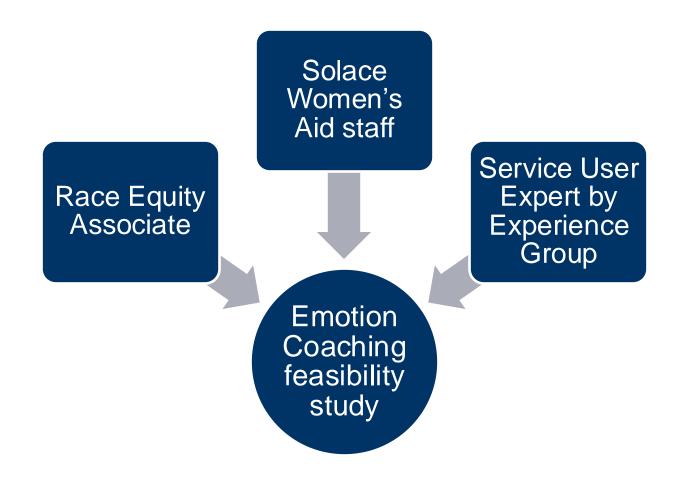
Panel Q&A

## Overview of Emotion Coaching evaluation

- Funded through YEF's 'A supportive home' grant round.
- Emotion Coaching is a parenting programme for non-abusive mothers and children who have been exposed to domestic abuse.
- 12 weekly skills-based group sessions with a focus on:
  - Fostering emotion regulation in mothers and children.
  - Developing emotion coaching behaviours.
  - Minimising harsh parenting.
- Developed by Dr Lynn Katz, University of Washington.
- Adapted and delivered by Solace Women's Aid during April-July 2024.



## Co-design and adaptation





## How we worked together

Adaptation phase: workshops (Aug-Nov 23)

- Decided on working arrangements.
- Planned how to embed discussions around race equity in workshops.
- Fatima attended workshops listening and observational role.
- Debriefs following workshops to reflect on topics which arose.

Adaptation phase: reviewing protocol and materials (Nov 23-Feb 24)

- Fatima reviewed draft consent forms, information sheets and interview topic guides ahead of submission to ethics board.
- Fatima also reviewed our feasibility study protocol with particular attention to EDI and methods.

Feasibility study: reporting (Aug 24) • Finally, Fatima reviewed the 'Findings' section of the feasibility study report – sub-sections around differences in experiences of support across sub-groups.

# Embedding race equity in this evaluation presented opportunities...

- Delivering this programme in refuge settings meant there was scope to reach a significant number of mothers from diverse racialised or cultural backgrounds.
- Adapting programme delivery to account for religious festivals helped with programme recruitment and retention.
- Language as a component of race equity was central to this evaluation

   and thinking about how information was being received made us
   think more deeply about our data collection processes.

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# ...and doing so meaningfully also presented challenges.

- We struggled to find outcome measures which had been validated among diverse, multilingual audiences – and mothers and interpreters did not interpret items in the same way.
- Challenge of certain concepts and research methods being understood differently across different contexts and cultures.
- Practical challenges in translating materials in advance cost to utility ratio; not knowing in advance what language needs there would be.

## **Takeaways**

 Working with a Race Equity Associate enhanced the quality and inclusivity of this evaluation.

#### The value of expertise:

- Cultural guidance
- Language as race equity
- Critical, supportive feedback.

### What does this mean from a funding perspective?

- Resource required for interpreters
- Flexibility in timeframes is essential. (e.g., around programme delivery timeline)
- Investing in equity improves outcomes.



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