

# TRUSTED ADULTS

Young people's views of how Trusted Adults can support young people away from violence.

## AI POWERED ANALYSIS

Generative AI was used to analyse over 800 interviews from Peer Action Collective (PAC) research into youth violence from 2020-2023 across England and Wales.



Through PAC, young people carried out peer research in their communities.



We identified research questions for the AI to ask of 800 interviews.



OC&C used AI to reach insights from young people on how trusted adults can support young people at risk of or engaging in violence.

## FINDINGS

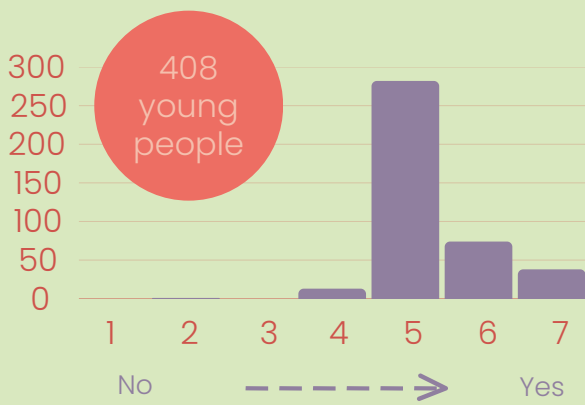
### Overview



There is consensus across PAC interviewees that a lack of positive influence from adults can lead to involvement in violence.

Young people believe that adults have a key role to play in preventing violence – this includes family members, teachers as well as other adults such as those in places of worship, and youth workers

### Can positive influence from adults help avoid violence?



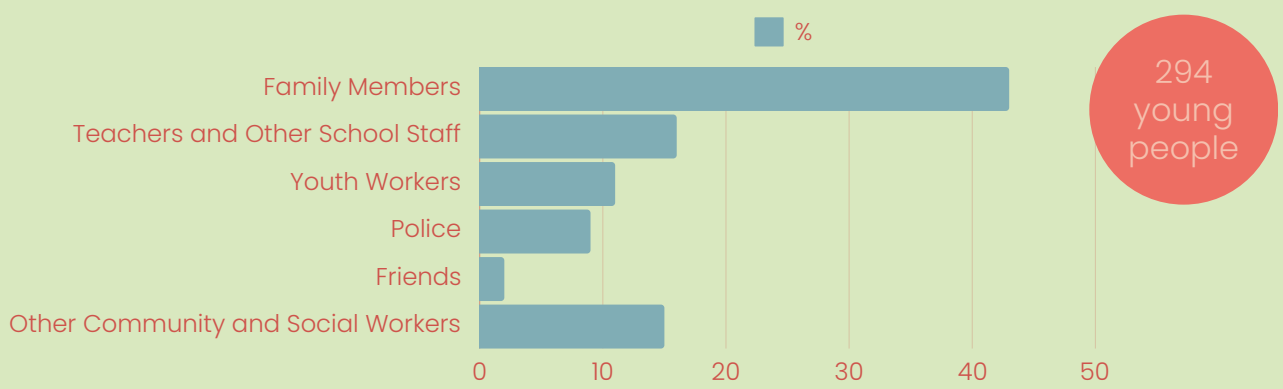
*"Young people will be more prone to listen to [people in churches and mosques] because they'll take what they say really seriously rather than some teacher that they might not listen to or the police on the street."*

Male, aged 19, Yorkshire

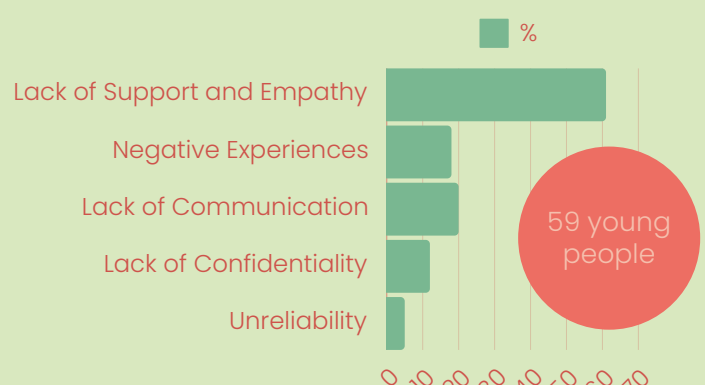
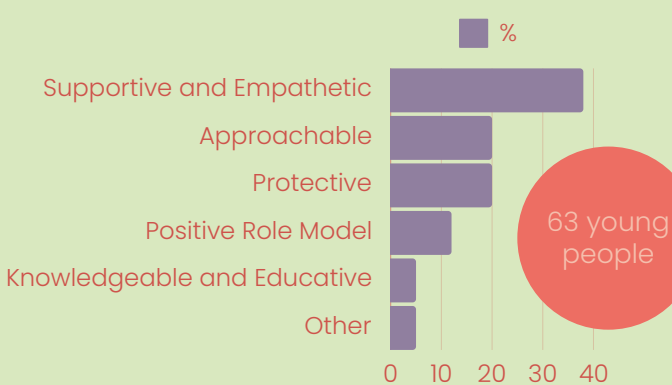
*"I've got a good bond with my care worker and I know that she'll take things seriously."*

Female, aged 17, North West

### Young people trust family members the most, followed by teachers and youth workers



### Being supportive, empathetic, approachable and protective helps build trust, while a lack of support and empathy breaks it



*"Obviously, social workers and youth workers, they have confidentiality, so nothing will get said unless it's needing safeguarding help."*

Female, aged 18, Wales

*"I think the police are too intimidating to younger people, so they don't do much for youth violence."*

Undisclosed gender, aged 15, Midlands