



Engaging with Parents of Children at Risk of Violence Conference

21st March 2024

MORNING WORKSHOPS

Dawson
Room

Power of Peer

Jo Nicoll – Joint Head for Parent and Child Support, *South London and Maudsley NHS Foundation Trust*

Lorraine Campbell – Parent Group Leader, *EPEC*

Hindle
Room

Engaging with Parents Workshop – Positive Parenting Programme

Dr Claire Halsey – Implementation Consultant for Research & Trainer Clinical Psychologist, *Triple P UK Ltd*

Kimberley Whittle, Implementation Consultant, *Triple P UK Ltd*

Sarah Martin – Service Manager Family Intervention Service, *Sheffield City Council*

Wild
Room

Giving families a voice – Family Group Conferences and their application in Youth Justice settings

Sean Haresnape – Family Group Conference & Lifelong Links Practice Lead, *Family Rights Group*

Power of Peer

Empowering Parents Empowering Communities

**Jo Nicoll, Consultant Occupational Therapist and Joint Head of
Centre for Parent and Child Support**

Lorraine Campbell, Parent Group Leader, EPEC

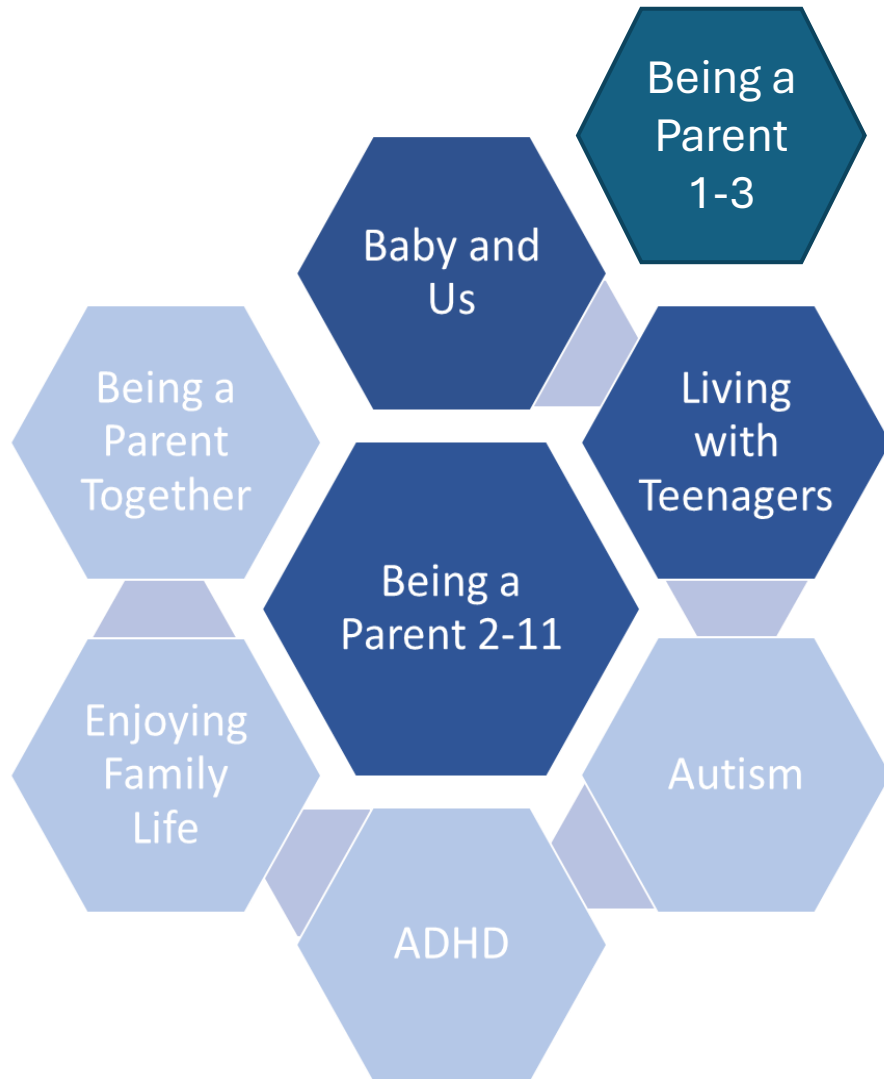
Agenda

- Brief overview/introduction to Empowering Parents Empowering Communities (EPEC)
 - EPEC Manuals
 - Peer Model
- Exploration of what we mean by starting with parents for themselves
 - Perfect parent exercise
 - Implications of starting with parents as individuals before starting to think about parenting strategies
- What parents say about the groups
- Understanding implications for outreach and engaging parents / the system to maximise reach
- Opportunity for questions

Empowering parents empowering communities: *Hope, trust & change*

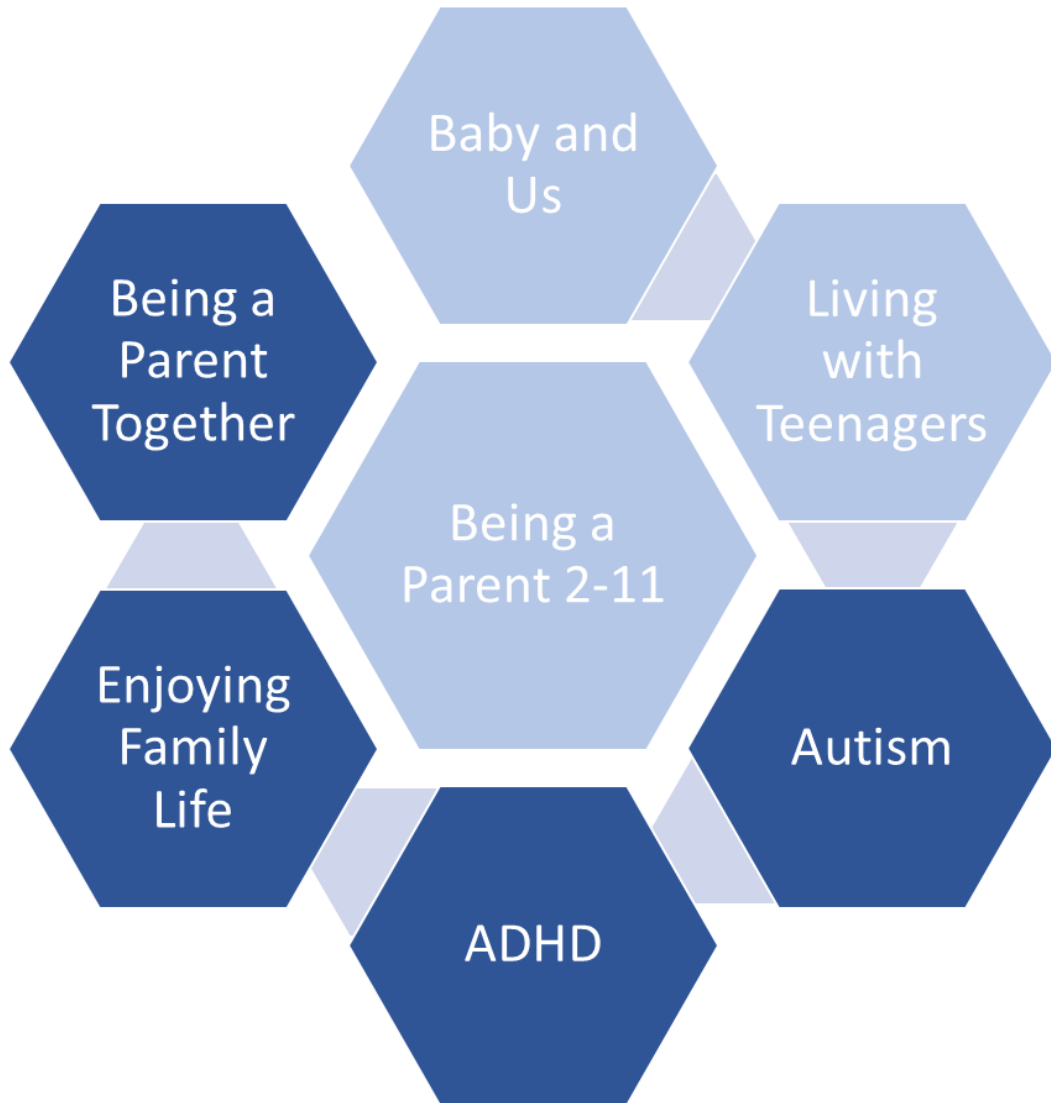
Parent rating of EPEC parent group leaders	70+ EPEC courses [n=793(%)]			
	Not at all	A little	Quite a lot	A great deal
Competent EPEC parent group leaders	1 (0.1)	23 (2.9)	203 (25.7)	563 (71.3)
Satisfaction with EPEC programme and group leaders	1 (0.1)	31 (3.9)	258 (32.5)	503 (63.5)
Appropriate programme content covered by EPEC group leaders	0 (0.0)	49 (6.2)	244 (30.9)	497 (62.9)
EPEC group leaders related effectively to parent participants	2 (0.2)	28 (3.6)	206 (26.2)	550 (70.0)
EPEC group leaders motivated participant parents	1 (0.1)	23 (2.9)	190 (24.2)	572 (72.8)

- Recruits, trains & supports local parents to lead parenting groups in their communities
 - Parent group leaders (PGLs) come from the communities in which EPEC is offered
 - Once established as a hub PGLs have been EPEC group participants
- Parent completion rates 70-95%
- Increase reach to socially disadvantaged, excluded and marginalised families and communities
- RCT in 2012
- NESTA/DCMS funding 2018/19 to test and learn taking to scale
- 2020 – 2024 new sites on board



- Being a Parent (2-11yrs)
 - Being a Parent (1-3yrs)
- Living with Teenagers (11-16yrs)
- Baby & Us (0-1yr)

All have an introduction session to welcome parents, let them know the programme, the group leaders and the content that will be covered in the following 8 weeks, 2 hours per week either face to face in community venue or online



- Being a Parent – Autism
 - Being a Parent – ADHD
 - Being a Parent – Together
 - Being a Parent – Enjoying Family Life
-
- Groups are longer in number of weeks (10 weeks) and extended hours per week (2.5 hours per week)
-
- Foster carers
 - Families in temporary accommodation
 - Cultural adaptations

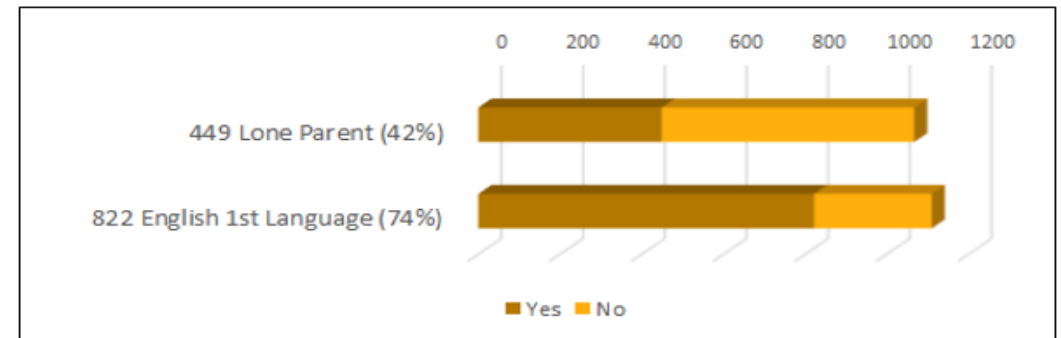
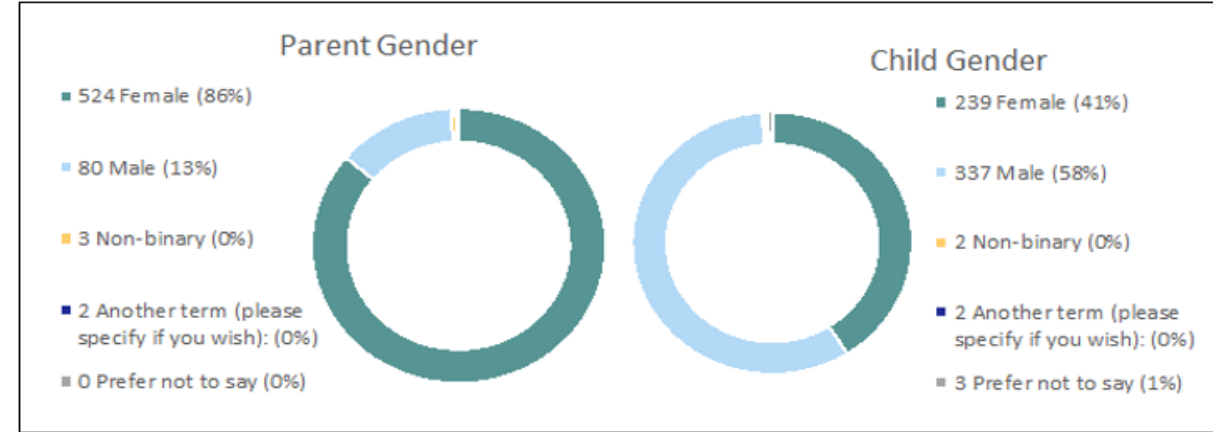
Who comes to EPEC?

- Approx 75% of parents attending *Being a Parent* courses in London boroughs are from Black and Minority Ethnic backgrounds
- A similar proportion of EPEC facilitators are from Black and Minority Ethnic backgrounds
- Approx 66% of parents attending groups come from the lowest 20% of the population based on disposable income
- Only approx 10% are owner occupiers
- Approx 75% are unwaged
- 40% are lone parents
- 50% of participant parents have English as a second language

Outcomes and Impact

N=644

Acceptability	Not at all*	A little	Quite a lot	A great deal
Did the programme improve your understanding of positive parenting?	0%	7%	41%	52%
Did the programme help you to develop skills to use positive parenting?	0%	9%	41%	50%
Has the programme made you more confident in being an effective parent?	1%	12%	44%	43%
Do you expect to make use of what you have learned in the programme?	0%	8%	38%	54%
How competent were the group leaders?	0%	2%	21%	77%
Overall, how satisfied are you with the programme?	0%	3%	27%	70%
Did the programme cover the topics it was supposed to cover?	0%	2%	28%	69%
Did the group leaders relate to the group effectively?	0%	2%	18%	80%
Were the group leaders motivating? (e.g. energetic, attentive and creative)	0%	2%	17%	81%



What do parents say about the impact of EPEC courses

“Giving rewards and stick to what you say when making clear boundaries”

“A lot of descriptive praise and understanding their feelings”

“Communicate better with my child, really listening, looking at them, no longer ignoring them but really pay attention”

“I have tried to improve on listening more and not dismissing the feelings of my child”

“This is a really great course, very practical and easy to use with your children”

What do parents say about the group leaders?

“Lovely trainers, very upbeat and used their experiences to illustrate strategies really well”

“They really taught in an engaging way and made me enjoy the course more because of their way of delivery and their warm, patient personalities”

“K & S are great. Work great together and separate, learnt a lot from them”

“D & A are wonderful. They teach with care, understanding and support”

“M & P have been absolutely fantastic at delivering the course, empathizing with our situations and making us feel really comfortable with sharing our experiences and comments”

Engaging Parents / Outreach

- What do you see as the barriers that face parents when thinking about attending groups?
- What are the enablers?

Engaging Parents / Outreach

- Community – going around to children's centres, libraries, community centres
- Face to face – sharing experience of having been in the groups personally as well as what parents say about the groups, human connection to break down barriers
- PGLs delivering exercises to staff who will be speaking to parents about the groups
- Intro session – an opportunity for parents to sign up for themselves, if professionals are recommending the parent to attend to find out about it, meet the parent group leaders / other parents
- Referrals – how do parents feel when they have been told to attend?
- Group safety – core foundation of PGL training
- Universal – reduces the stigma but targeted in where it is delivered, where are your areas that have higher needs?
- People doing outreach represent the community, culture, language, religion

Questions

- Any questions for now?

- Any questions in the future please make contact
 - Jo.Nicoll@slam.nhs.uk
 - epecproject@slam.nhs.uk

Engaging Parents Workshop

The Triple P – Positive Parenting Program®

Kim Whittle – Implementation Consultant
Dr Claire Halsey – Implementation Consultant and Trainer
Sarah Martin – Sheffield City Council



WORKSHOP
AIMS

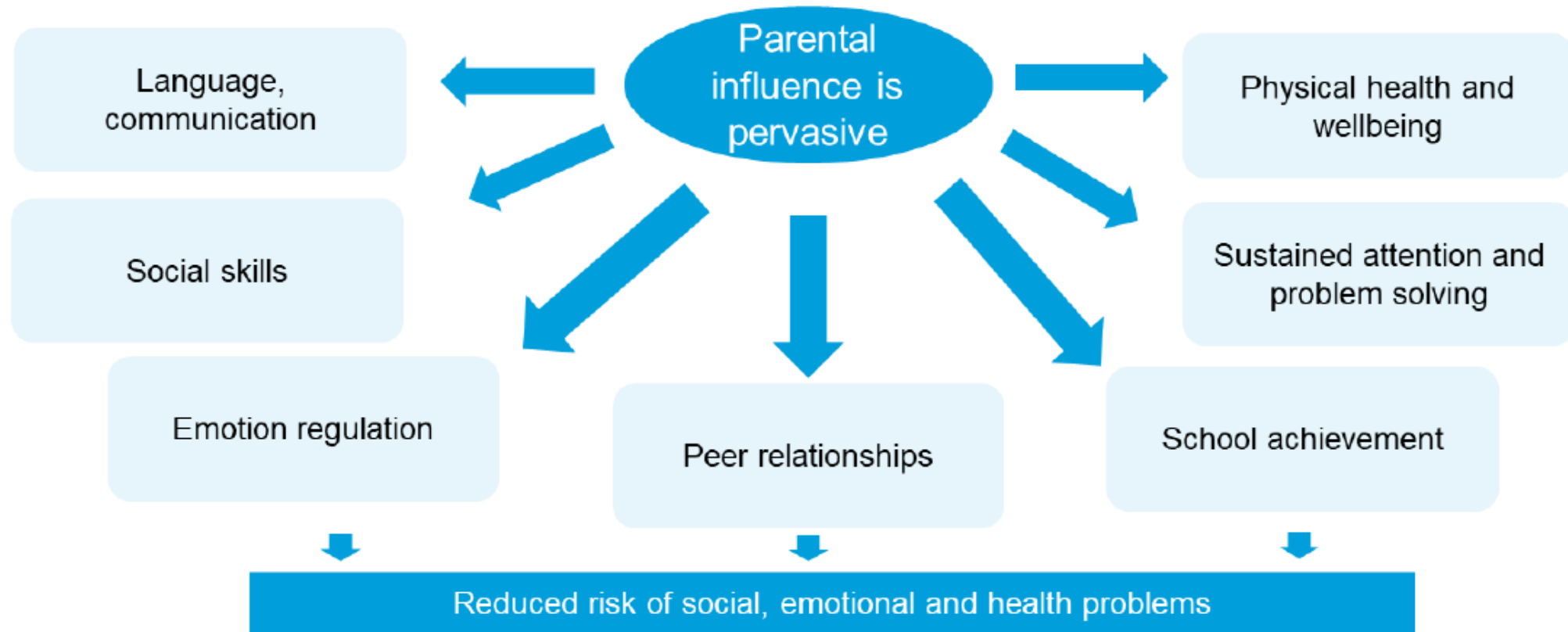
Parenting & Triple P

How parents/carers are engaged with Triple P in the UK

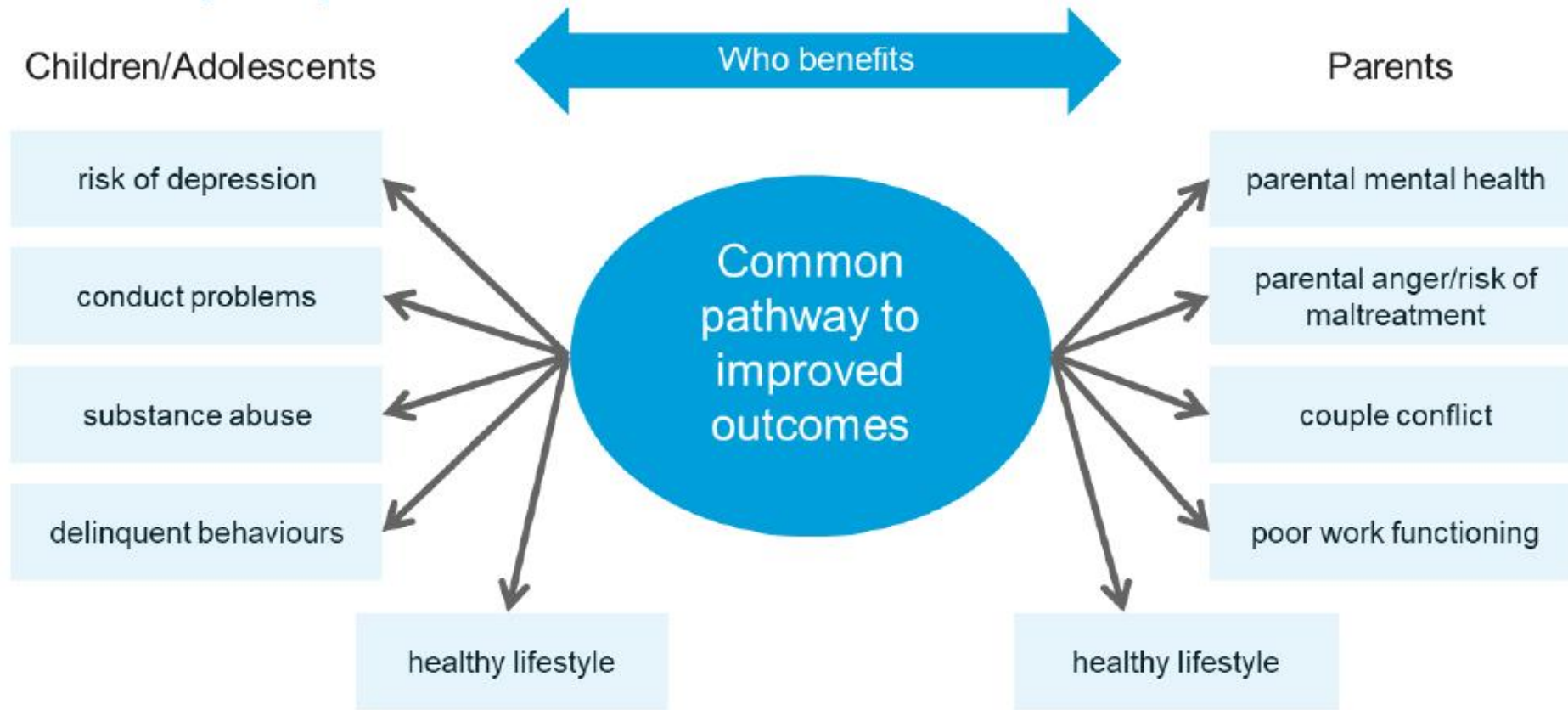
Good practice in Parental Engagement – Sheffield City Council
What works, What are the challenges?

Summary

Why is parenting important?



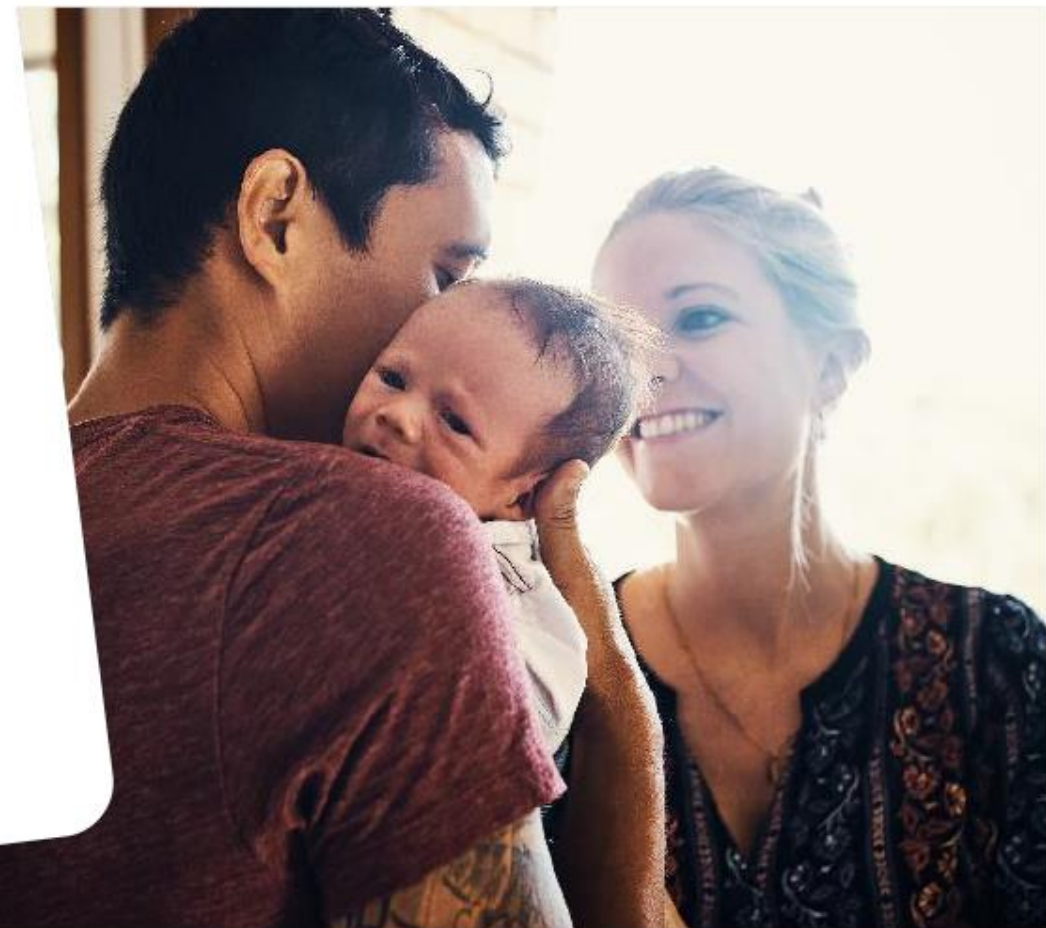
Evidence-based parenting programmes concurrently address multiple problems

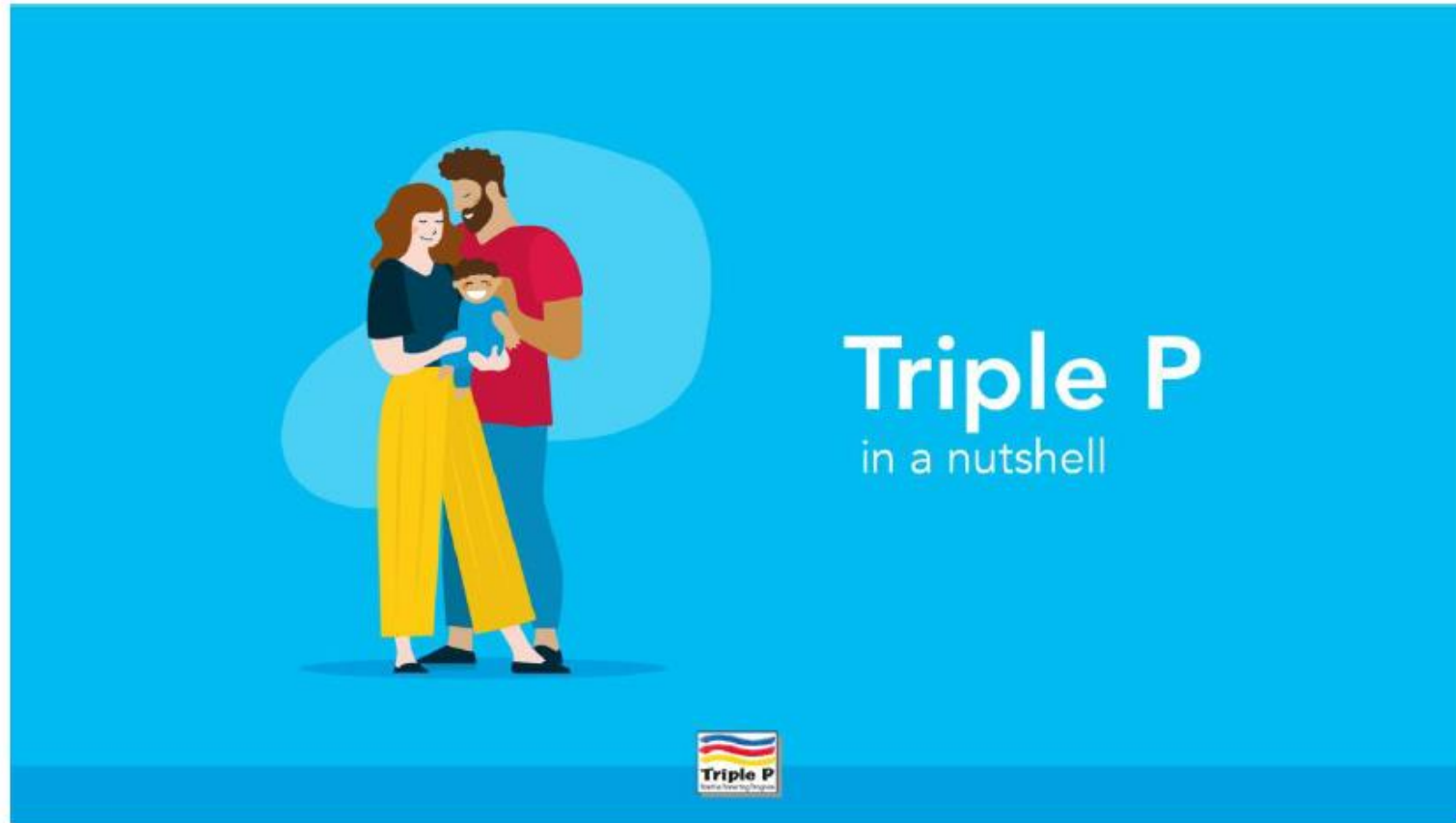


WHAT IS TRIPLE P?

A SUMMARY

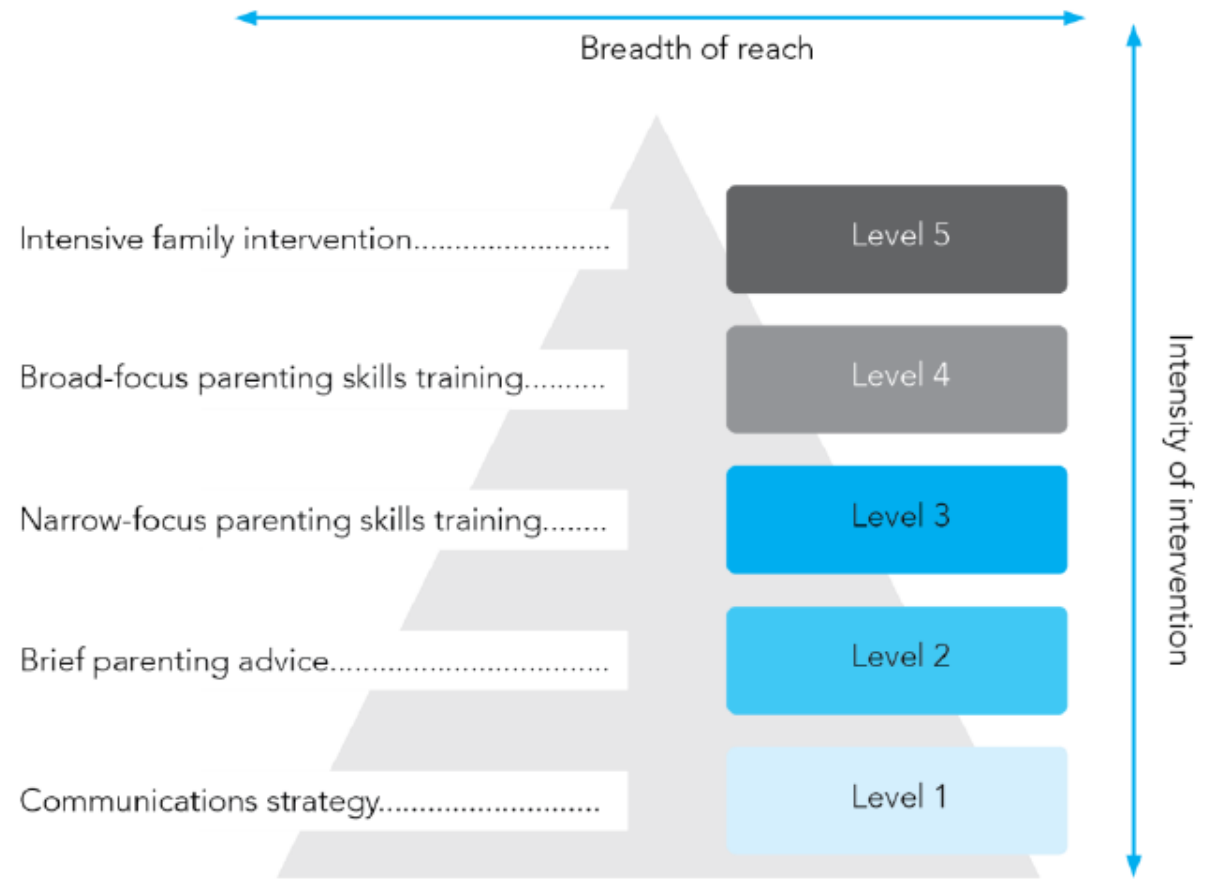
Triple P UK





The Triple P System

- Flexible system of interlocking parenting and family support programmes.
- Birth to 16, and children with additional needs or disabilities (Stepping Stones Triple P).
- Provided in a range of delivery formats - Seminars, One-on-one, Groups, and Online (self-directed).
- Blended universal and targeted approach.
- Combines prevention, early intervention and targeted delivery.
- Multi-disciplinary focus.
- Can scale to a public health model of parent education and support.
- Evidence-based.
- Self-regulatory framework.
- Minimal sufficiency



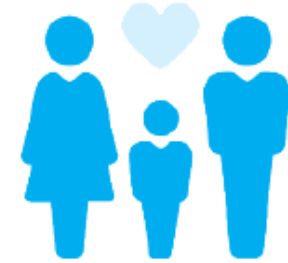
Triple P's range of programmes

Gives parents simple, practical strategies:

- To build strong, healthy relationships
- To confidently manage children's behaviour
- To prevent problems developing

Using the key principles of **minimal sufficiency** and **self-regulation**, interventions are tailored to each family's needs, with the **ultimate goal of developing self-regulation** in parents and children.

Building a parent's ability to self-regulate decreases parental stress and depression, as well as children's vulnerability to emotional and behavioural problems.



IMPROVES CHILD BEHAVIOUR



IMPROVES HEALTH AND
WELLBEING FOR PARENTS AND
CHILDREN

Triple P is one of the world's most effective and evaluated programmes

Four decades of research:

- 198 RCTs
- 414 evaluations
- 820 publications
- 65% are independent of Triple P's developers
- Across 42 countries

Backed by research, proven by over 4 million parents

 **Foundations**

What Works Centre for Children & Families

NICE National Institute for
Health and Care Excellence



AMERICAN
PSYCHOLOGICAL
ASSOCIATION



WHO



UNODC
United Nations Office on Drugs and Crime



Outcomes from studies involving Triple P

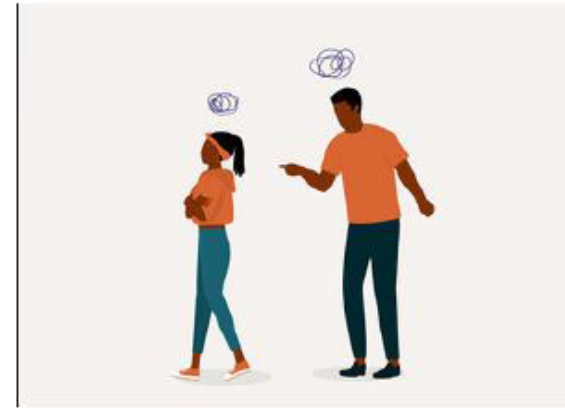
- Improved child behaviour inc. children with ADHD, conduct problems and autism
- Improved child emotional wellbeing
- Reduced hyperactivity
- Greater parental confidence and use of positive parenting
- Less parental stress, depression, and anger
- Reduced parental conflict
- Improved attendance
- Fewer child academic problem behaviours
- Improved parental engagement
- Reductions in the number of children with an anxiety diagnosis
- Reductions in sibling anxiety symptoms, and improved family functioning
- Improved work satisfaction and reduced work-family conflict
- Reduced rates of child abuse and neglect

Triple P outcomes have been seen across parents from diverse cultural and socio-economic backgrounds, parents with intellectual disabilities and with mental health conditions.

Risk and protective factors for behavioural problems

Behaviour can be seen as a significant communication indicating distress, developmental frustration or other stresses/traumas and may indicate areas of impact on child behaviour from other factors such as:

- Parenting practices
- Poverty
- Complex needs



These factors can also indicate parental vulnerability, need for support and stigma in accessing support.

However, skill and knowledge in Positive Parenting promotes good mental health – and is known to buffer children against the worst effects of poverty (Kim-Cohen et al., 2004).

Suitable for vulnerable and at-risk families

The flexibility and adaptability of Triple P's self-regulatory approach and delivery make it accessible to and appropriate for a wide variety of families.

While Triple P programmes target preventative risk factors across the board for parents, they are considered particularly beneficial for those whose life experiences or circumstances place an additional level of stress or challenge.

By emphasising **early intervention** and **improving health awareness** among vulnerable parents, Triple P programmes play an important role in supporting the **prevention of child and adolescent mental health difficulties**.

As parents progress through the programme, they are presented with examples of everyday parenting scenarios and challenging child behaviours and emotions, which **normalise their parenting experience**.

Vulnerable families are more likely to experience high levels of challenging life events/circumstances and in turn this can affect their daily lives and impact parenting practices and ability to self-regulate.

Difficulties with self-regulation and low self-efficacy make parenting more challenging and stressful.

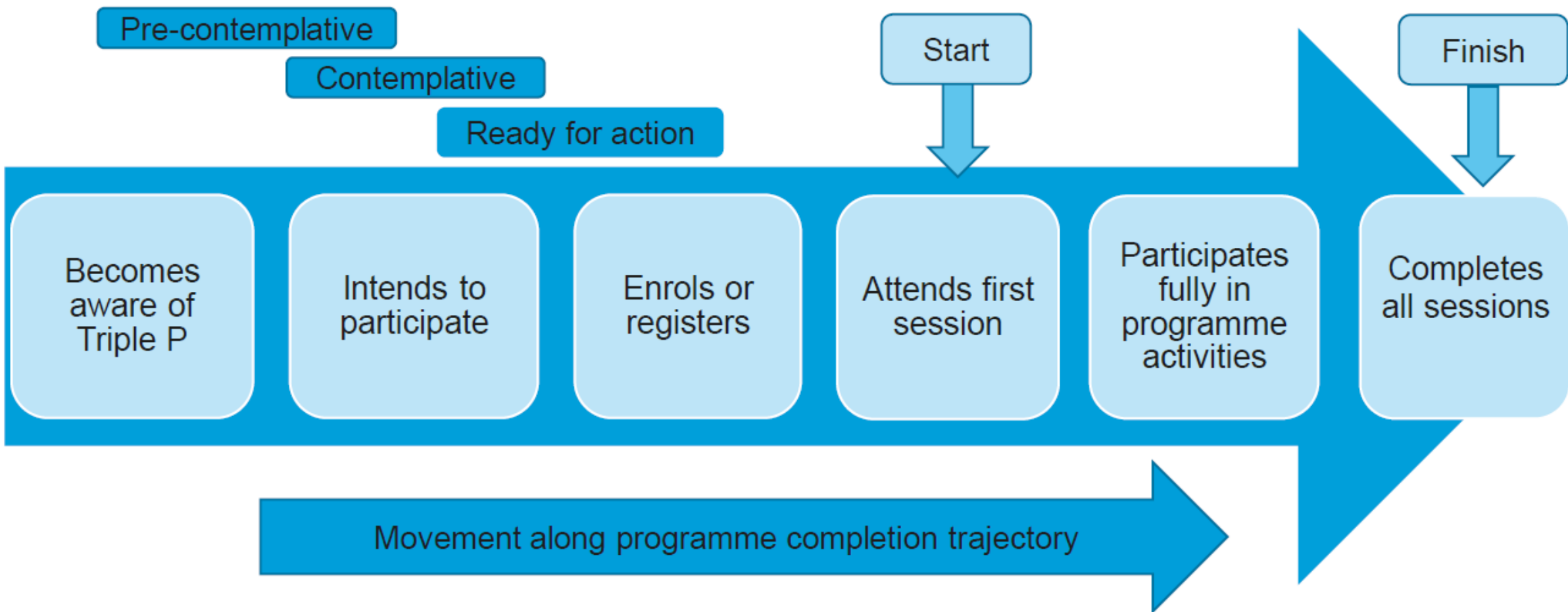
How the intervention may be introduced to families with children at risk of violence & anti-social behaviour



How parents/carers are engaged with Triple P in the UK



Promoting movement along the commitment trajectory



Continuum of Parental Engagement

- Getting parents interested
- Getting parents enrolled
- Getting parents to attend the initial session
- Getting parents to attend for a second session
- Getting parents to complete the programme

Good Practice in Parental Engagement – what works what are the challenges



Getting parents interested

- Social Media
- Partners and practitioners understanding the offer
- Parents testimonials
- Videos
- Opportunity to test out
- Invest time throughout

Getting parents enrolled



- Self-bookings
 - Referrals
 - Timely contact with parents
 - Utilising the whole offer – how to avoid long waits
 - Contact with those delivering
 - Using the existing network
 - Location, location, location
-

Getting parents to attend the initial session



- Pre engagement sessions
- Phone contact
- Text Message and email reminders
- Using the wider Network of professionals
- Coffee mornings

Getting parents to attend a second session



- Knowing your group
- Establishing a respectful relationship
- Access to workers – follow up calls/text messages
- Reminders –the day before

Within session strategies for improving retention

Enhance engagement

- Relevant examples
- Prompt/ reinforce engagement
- Emotionally connect the parent to valued outcomes

Improve Teamwork

- Encourage teamwork
- Be inclusive of extended family
- Teach conflict management strategies

Enhance social connectedness

- Build social momentum
- Encourage parents to share
- Engage parents to help recruit other parents

Better outcomes
for families

Getting parents to complete a programme

Parents pause for many different reasons

Family factors

- Family crises e.g., health problems, housing, suicide
- Competing priorities (housing, employment problems)
- Family violence/relationship problems

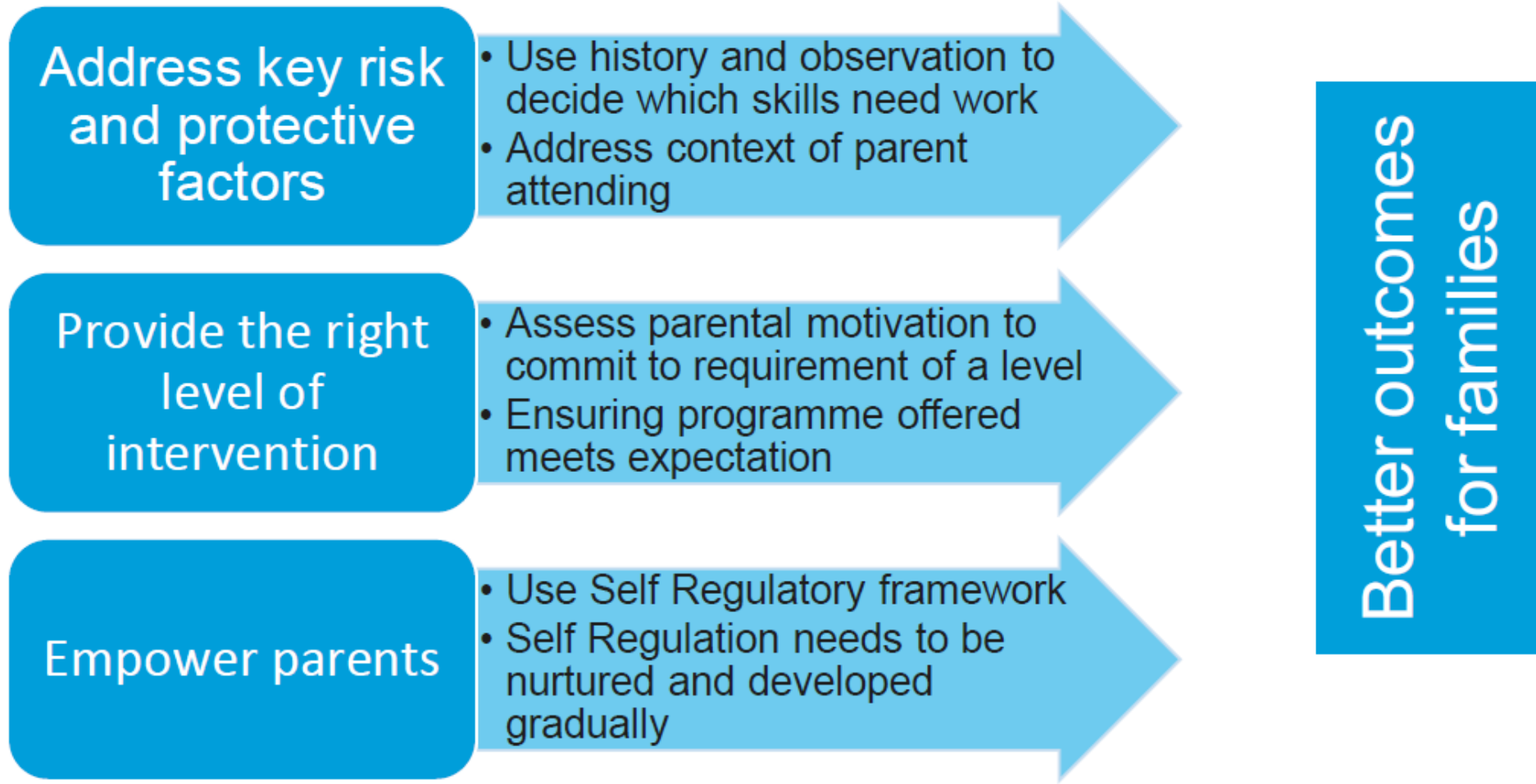
Personal factors

- Timing poor
- Mental health/substance abuse problems
- Lack of support
- Low level of concern
- Parents attributions

Programme factors

- Got what they wanted
- Parents unsure of commitment
- Programme poorly delivered
- Literacy level demands
- Cultural appropriateness

Strategies for improving outcomes





Hearing from Families

Family Group Conferences and their application in youth justice settings

Engaging with Parents of Children at Risk of Involvement with Violence

21 March 2024

Sean Haresnape
FGC & Lifelong Links Practice Lead



Family Rights Group's mission

To create a more socially just society, in which the child welfare and family justice systems support children to live safely and thrive within their family, while strengthening the family and community networks of those children who cannot live at home.



Family Rights Group - Our FGC/LL Work



FRG introduced Family Group Conferences into England and Wales in mid nineties. The first FGC was held in Wales



FRG run the national Family Group Conference network for England and Wales - networking, workshops, discussion board



FRG runs an extensive training and events-based programme including an accredited post graduate certificate for FGC co-ordinators with University of Salford



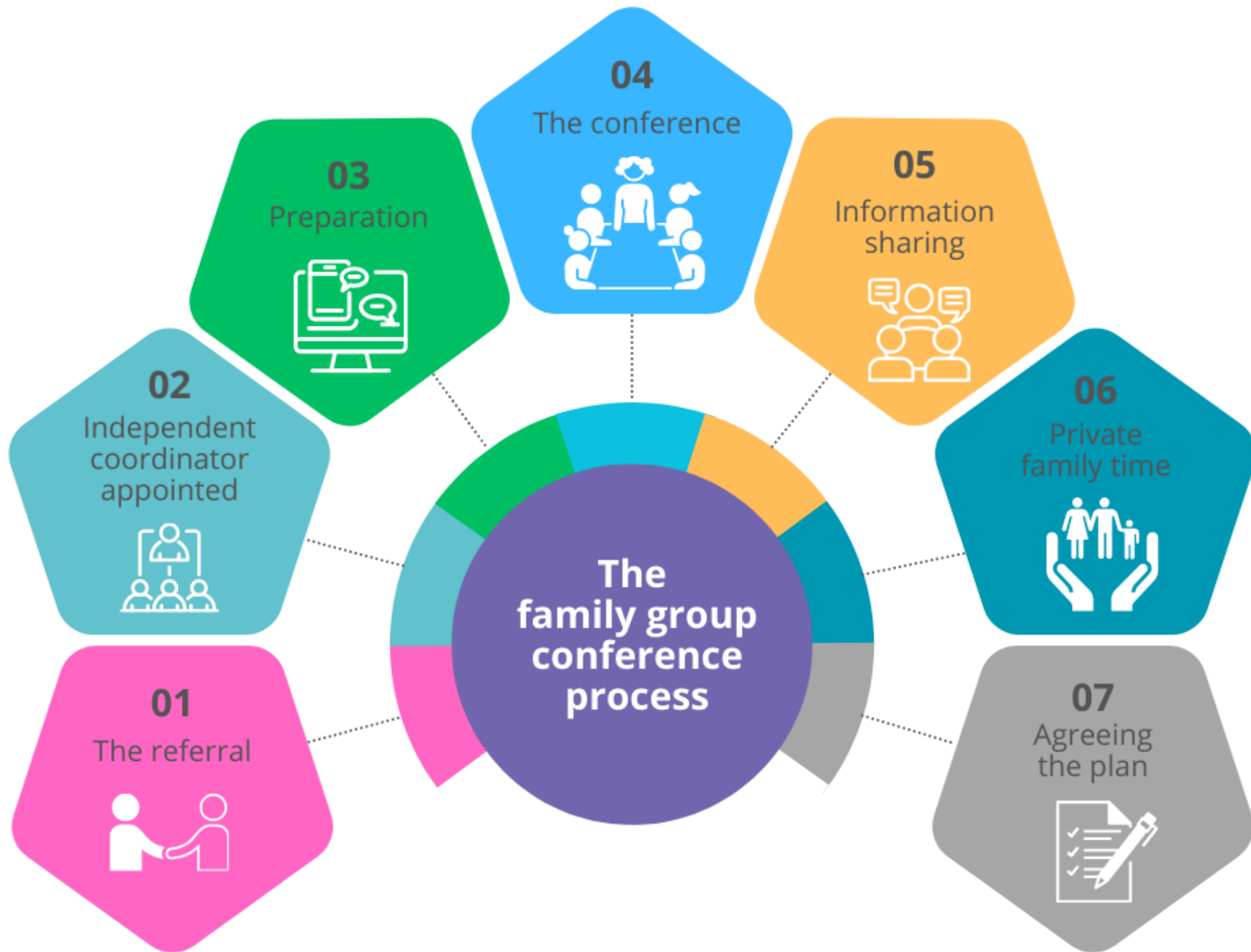
FRG offer a consultancy service to local authorities who want to set up a family group conference service



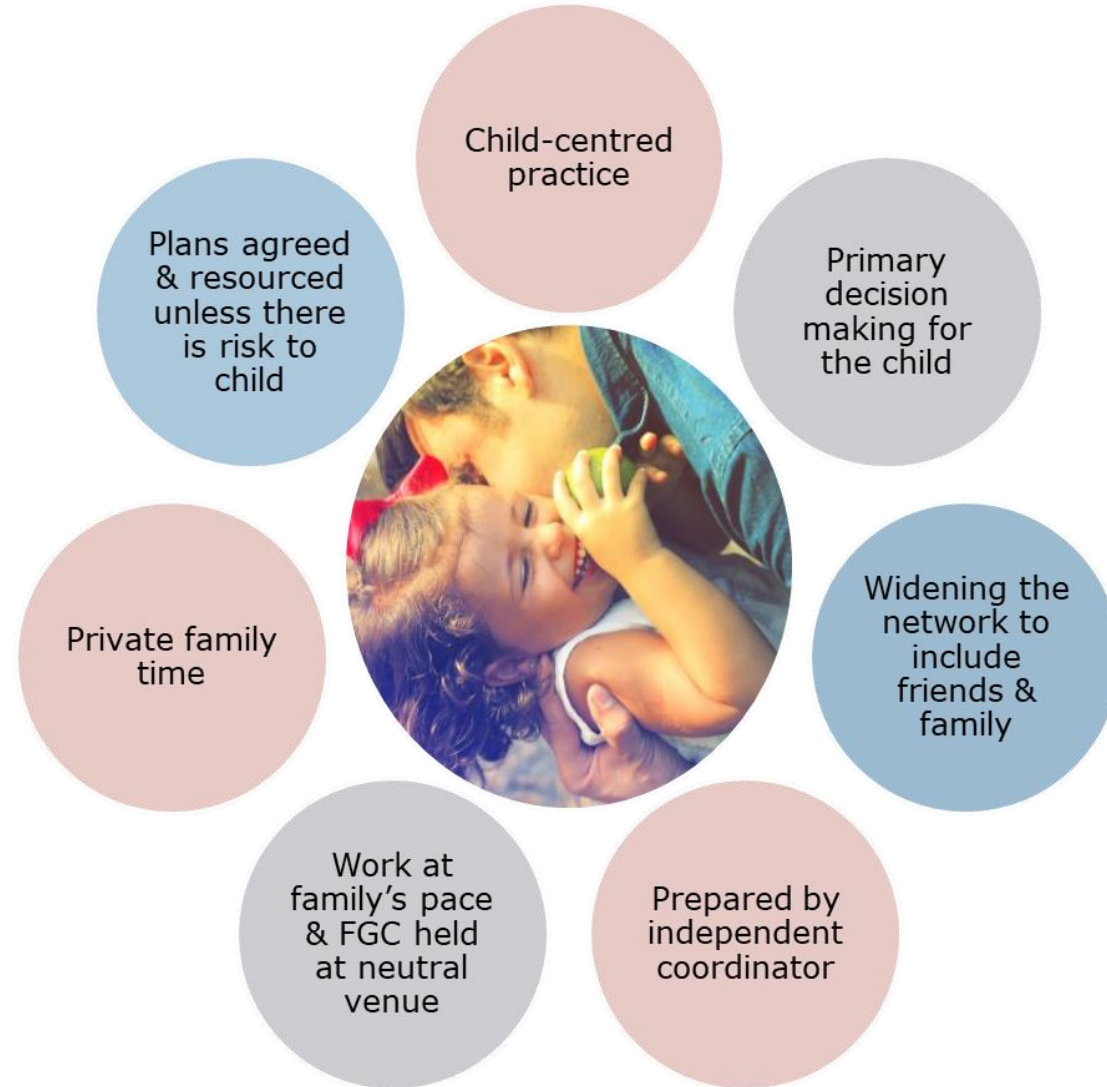
With the FGC network, FRG have developed a set of family group conference standards and an accreditation scheme for FGC services



FRG developed the Lifelong Links approach. We support local authorities to introduce LL to young people in the care system - to develop a support network for them



FGC Principles



A continuum of family engagement

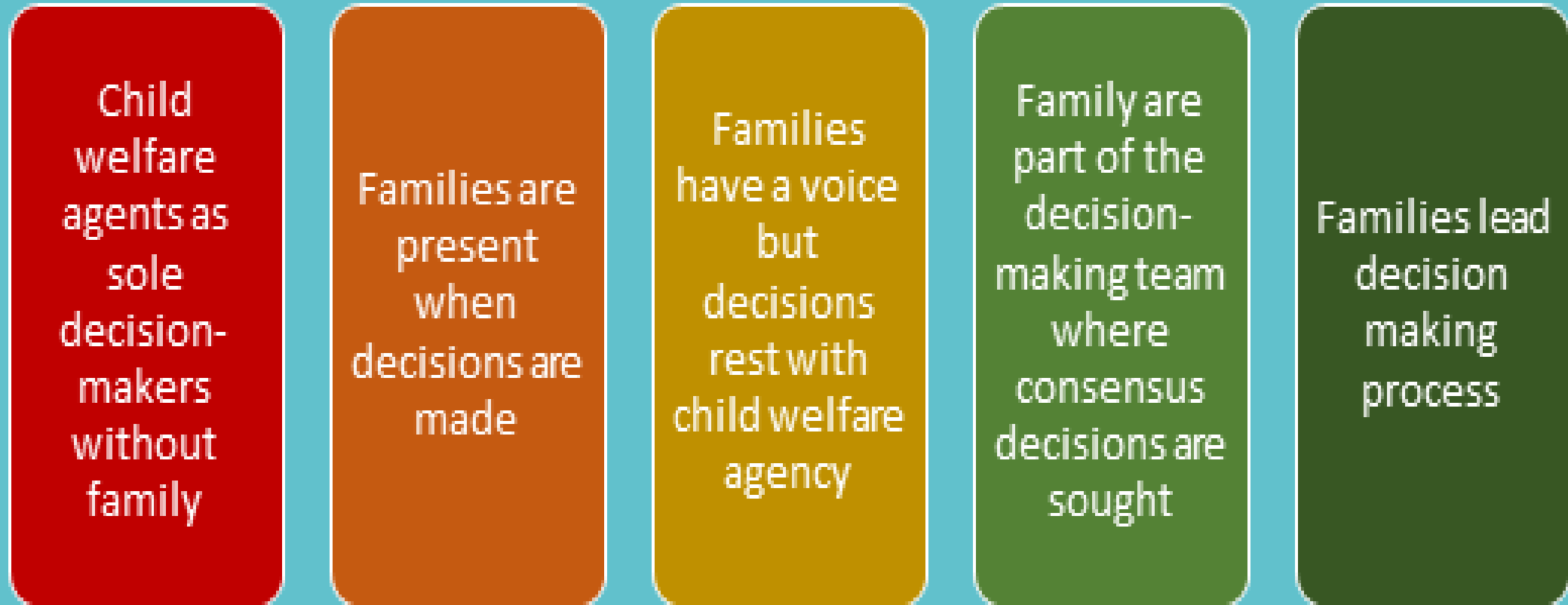


Figure 1 used with kind permission from Associate Professor and Director, National Centre on Family Group Decision Making at Kempe Centre Aurora, Colorado, United States



It was just like a nice peaceful, private meeting
in a nice peaceful room

Research: FGCs and Youth Justice

(see: <https://frg.org.uk/family-group-conferences/fgc-research>)



Cost saving	Victim impact	Reduction in criminal activity
<p>The analysis shows that FGC represents an effective investment with a positive annual return on investment of 3.4, indicating a potential annual saving of £3.40 for every £1 invested in the programme.</p>	<p>For victims, those taking part in face-to-face Restorative Justice Conferences express higher levels of satisfaction with the handling of their cases, are more likely to receive a sincere apology from offenders, be less inclined to want to seek revenge, and suffer less post-traumatic stress.</p>	<p>The average effect of the ten studies indicated that face-to-face Restorative Justice Conferences resulted in offenders committing significantly less crime than their counterparts randomly assigned to standard criminal justice alone. The effect of RJC's on violent crime is larger than its effects on property crime.</p>

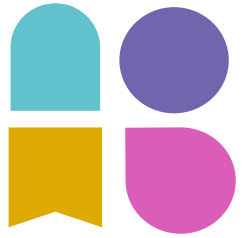
Research: FGCs and family voice

(see: <https://frg.org.uk/family-group-conferences/fgc-research>)



Fewer proceedings	Living with family	Partnership working	Social support
FGC leads to fewer court proceedings.	FGC may lead to more decisions made by the court for children to live with their family.	FGCs improve partnership working between family and social work services.	FGCs increase levels of social support, mobilise networks and provide a protective factor for child safety.
Father engagement	Protecting children	Families from different backgrounds	Family views
Higher rate of attendance by fathers in FGCs.	FGCs contribute to protecting children in the longer term.	FGC is used to a similar extent among families with a minority background as in other families.	Families are more satisfied with FGCs than standard child welfare practice.

A large-scale evaluation: Using FGCs at pre-proceedings



Children who had FGCs were:



Less likely to be in care one year later

(36%) compared to those not referred (45%).



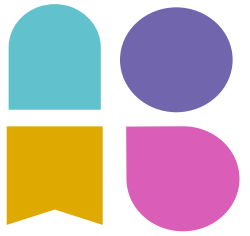
Had spent significantly less time in care 6 months later

(87 days, on average) compared to those not referred (115 days, on average).



Less likely to have had care proceedings issued

(59%) compared to those not referred (72%) by the end of the reporting period.



Areas where FGCs are used



- **Adult social care**
- 5/6 local authorities using FGCs in relation to adult care planning/ mental health etc.



- **Community conferencing**
- Some local authorities using FGCs to address neighbourhood problems



- **Youth justice**
- Small number of very successful services using FGCs to address youth offending e.g. Leeds Reconnect



- **Lifelong Links**
- Using FGC to build support network around young people in care

Family Group Conference as a restorative opportunity for all involved

Impact of family involvement on offending

‘Families can play a significant role in supporting an offender to make and sustain those changes which reduce re-offending. Research suggests that having family ties can reduce the likelihood of re-offending by 39 per cent.

Culturally sensitive practice

‘Research shows that black and minority ethnic (BME) groups make up 26% of the prison population, though they only constitute 9% of the overall population in England and Wales.

Involving all those affected

The FGC recasts crime in relation to *people* and concentrates on the key individuals involved in offending and aims to include all those affected by an offence, victims/survivors, immediate and extended family all play an important role.

Tony - a restorative FGC

- Tony is 17 years old and has been referred to the FGC service following his appearance in court for burglary.
- He broke into the flat of Owen and Jane.
- Owen wrestled him to the ground in the flat and called the police.
- The coordinator has met with Owen and Jane who are both willing to participate.
- The coordinator has met with Tony's wider family and 6 family members have agreed to attend.



Group Exercise

Group 1

- Consider the hopes and anxieties of Owen and Jane going into the FGC

Group 2

- Consider the hopes and anxieties of Tony going into the meeting

Group 3

- Consider the hopes and anxieties of wider family members going into the meeting





Family Rights Group
101 Pentonville Road, London, N1 9LG



Free Advice Line 0808 801 0366
(Monday to Friday 9.30am to 3pm)



Web enquiry form:
<https://frg.org.uk/advice-form>

Admin Tel 020 7923 2628 Email office@frg.org.uk
(We cannot provide advice by email or on the Admin telephone line)

Helping Families Helping Children

AFTERNOON WORKSHOPS

Dawson
Room

Risk Outside the Home Plans: Involving Parents as Partners

Laura Tanner – Independent Conference Chair – Risk Outside The Home (ROTH) Lead, Southampton City Council

Hindle
Room

Collaboration Against Child Exploitation

Nicola Maxwell – Strategic Lead for Specialist Adolescent Services, East Sussex County Council

Amanda Singhateh – Parent Mentor, S.A.F.E.R. Keywork Team, East Sussex County Council

Wild
Room

Relational Safeguarding: How to work effectively with Parents as Partners

Lindsay Dalton – CEO, Ivison Trust

Dr Sarah Hall – Senior Trainer and Research Coordinator, Ivison Trust

Risk Outside The Home (ROTH) Pathway: Parents as Partners

Laura Tanner – Independent Chair
& ROTH Lead, Southampton City
Council




21st March 2024

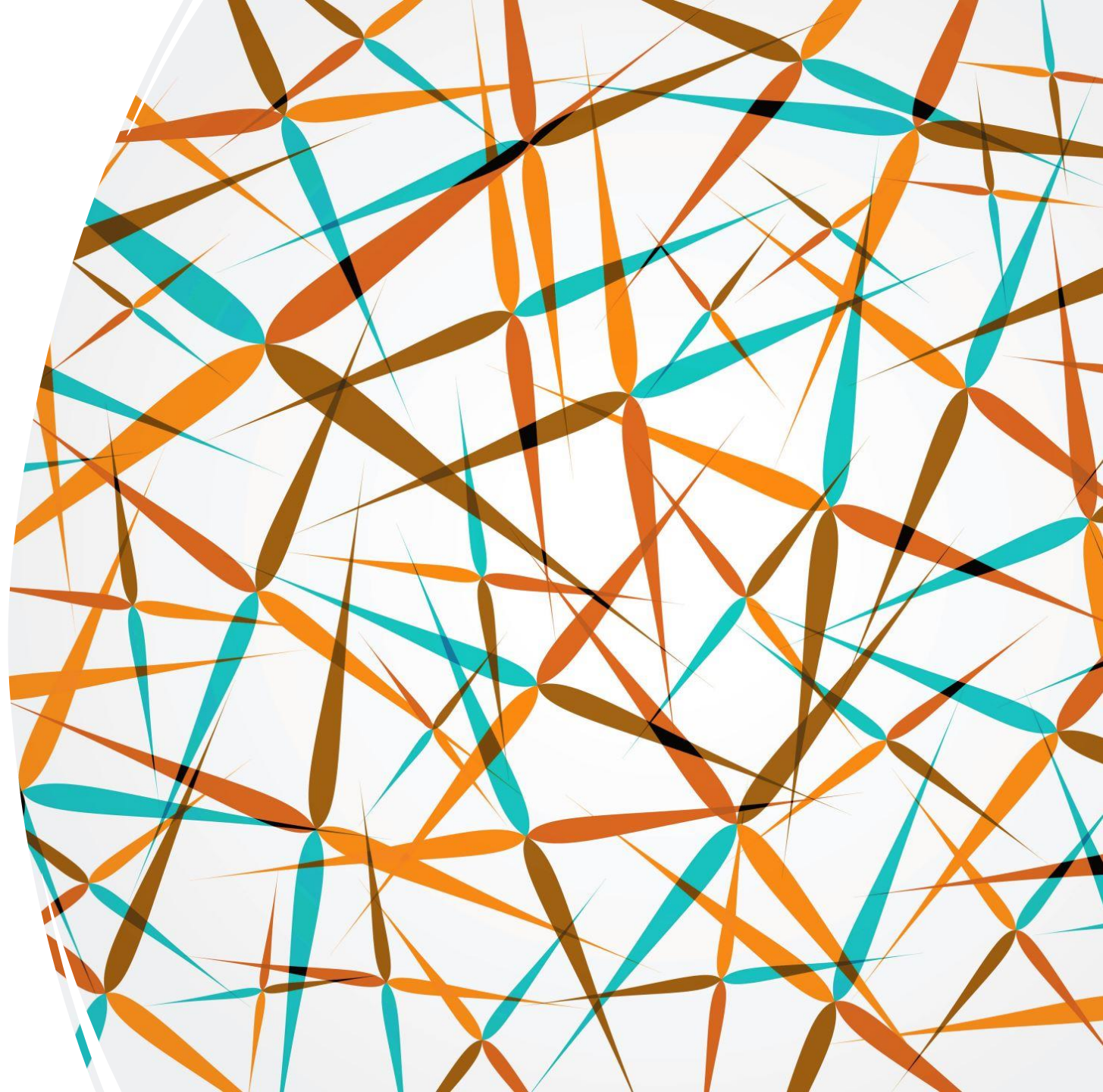




Workshop Overview

- Overview of our ROTH Pathway
 - Case Study
 - Benefits & Challenges
 - Key takeaways
 - Questions & discussion
- 

Why did you
select this
workshop?



What is a ROTH Meeting?

- A child protection response when a young person is experiencing or likely to experience significant harm outside the home (extra-familial harm)
- Chaired by an Independent Chair
- Focuses on the experiences and input of the young person and their parents/carers
- Identifies the nature and sources of harm and the contexts it is occurring within
- Develops a plan with the family and partners to increase safety and reduce risk
- Reviewed every twelve weeks, with four weekly core group meetings
- Outcome can be CP Plan if home/family is primary context of significant harm
- Uses existing categories of harm

How do
they
partner
with
parents?

"I've felt like I'm part of a team. Sometimes I'm sat there, and I forget that I'm their mum, I feel like one of the professionals"

- Preparing, supporting and valuing the parent and their knowledge
- Working with them to identify how contexts outside their control can be influenced and by who
- Holding others to account and addressing issues which might be increasing risks
- Flexibility with meetings
- Parents and young people have a say in the outcome of meeting (type of plan)

Case study: A ROTH meeting scenario

Taylor and Calvin (13)

- Peer on peer violence and exploitation
- ROTH pathway used
- Plan created to respond to context and individual/family support



What difference did the ROTH pathway make?

- Identified peer group as primary context of concern
- Provided space to coordinate context-based interventions (alongside other support)
- Parent meeting for peer support, views and ideas
- Peer group participation sessions used to shape planning
- Identified local activities and began addressing barriers to inclusion
- Promoting relationship building with Police
- Safety for some of the peer group has increased
- Parent/s have felt supported

Parent views on benefits

"It can be a very lonely place to be as a parent....no matter what, friends and family don't really understand. I've found the meetings reassuring. They have helped provide a lot of support."

"I got a point where I said to [social worker] "can you just take them from me". I didn't see a way out at the time. The meetings have helped me to feel like I'm doing OK and stopped me doubting and blaming myself as much. They have helped my mental health."

"I feel that I've been listened to the whole way"

"The parent support session was so helpful. It was good to talk things through together. It is helpful to know there are other families."

Benefits of ROTH planning

Recognition of significant harm for extra-familial harm

Promote parent resilience and reduce risk of family breakdown

Space for parents and young people to share their ideas of what may help

Vehicle to drive forward context work and coordination

Can address needs and risks both inside and outside home




Parent views on challenges

“He doesn’t like me meeting or speaking with you all... It can make things difficult.”

“At the start I found it really overwhelming. There were so many professionals involved and so many people turning up or ringing me, wanting to visit.”

“Sometimes I think what’s the point of all this, things won’t change until he wants to change.”

“He is less safe now since he was excluded from school... and he’s getting stop checked all the time by Police.”



Challenges of ROTH planning

Potential negative impact on parent-child relationship

Parents feeling fatigued or overwhelmed

Working differently within a system not designed for this

Some actions can heighten risks or cause harm

Limitations around discussing 'intelligence'

Key Take Aways

Parents feel supported but do young people?

Need for more context focus and interventions

Knowing what you've got and building relationships

Training and support is key to shift culture

Knowledge of Chair

Considering safety as much as risk

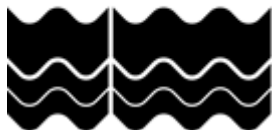
Questions and Reflections





Collaboration Against Child Exploitation

**East Sussex
County Council**



About us

Nicola Maxwell
Strategic Lead for
Specialist
Adolescent Services

Amanda Singhateh
Parent Mentor

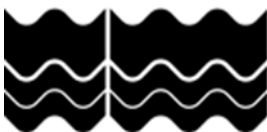


The beginning....

Exploitation
in Hastings

Pathfinder
Project

Parents as
partners in
safeguarding



What parents told us..

“I wish I knew the things I know now back then, it would have helped me pick up on things more back then”.

Professionals who are less formal are easier to get along with.

It would be beneficial to talk/meet up with other parents who had similar lived experiences as them.

“It (child exploitation) needs massive exposure so every parent realises that this is happening and how widespread it is - that there is no 'typical' child/family that could fall victim.

“ It makes be feel like a failure as a parent. I feel like everything I have done wrong is brought up time and time again and I get the blame for it all”

Strategic links



Who are we...

SAFER Keyworkers

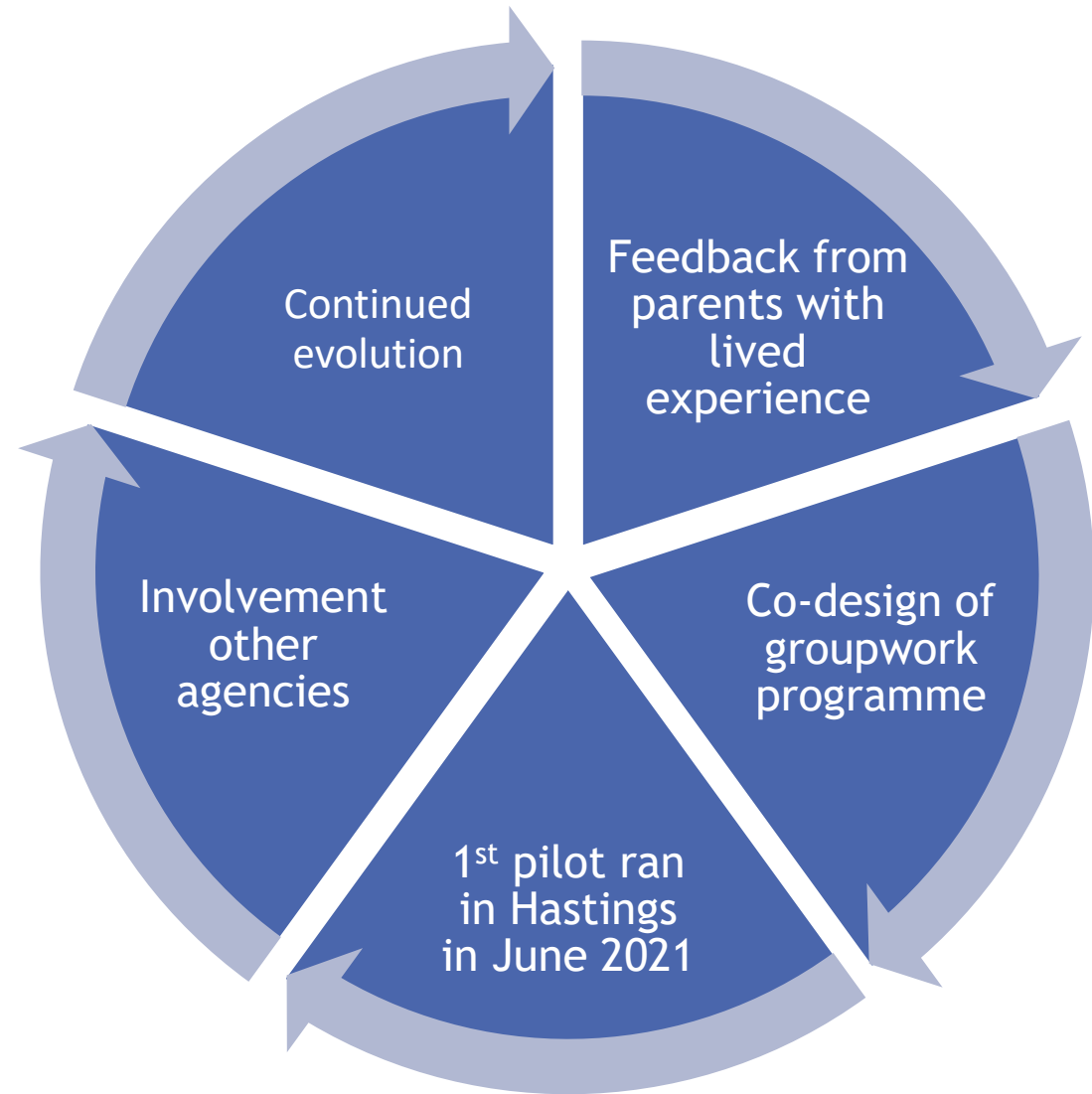
5 parent mentors

Parents/carers

Other professionals



How has CACE evolved



Educative Sessions

What is exploitation?

Social media and online presence

Knives and weapons

Adolescent to parent abuse - strengthening relationships

Substances

Emotional wellbeing and mental health

Forward planning

Parent Support Groups

Universal access

More informal
monthly
meetings

Drop in

Co-facilitated
with parent
mentors

Specific input
from agencies

Supported by
Whatsapp group
chat



Parent Mentors

- 5 parent mentors
- Provide on-going support for parents
- Manager parent referral line - available 24/7
- Maintain social media presence
- Support delivery & development of group programme



Impact

- Over 200 parents have been supported through:
 - 12 educative run programmes since 2021
 - 5 support groups running
 - One to one delivery
- Improved school attendance and reduced suspensions/exclusions
- Reduced missing episodes
- Reductions in arrests
- Reductions in SAFER risk ratings

Impact continued

“It has raised my awareness and I have learnt how to approach my child in a more helpful way”

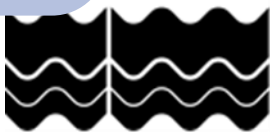
“Thank goodness CACE exists, I will be forever grateful”

“The course has been a lifesaver”

“ I was so scared to come along and felt I would be judged. How wrong was !”

“Really helpful, no judgement at all”

“I am really connecting to my boy and we are re-bonding as a result!”



COLLABORATION AGAINST CHILD EXPLOITATION



Questions with Amanda

- What support did you have when your son was being exploited? Was this helpful?
- What has CACE has meant to you?
- How have you supported other parents?
- What are some of the challenges?
- What are you looking forward too over the next 12 months?

What
next?

The Castle and Devonshire
Projects

Support for parents of young
adults

School based support

Training & development for
mentors

Iverson Trust

Lindsay Dalton

Dr Sarah Hall



protecting
children, supporting
families

Our history 30 years



About Ivison Trust



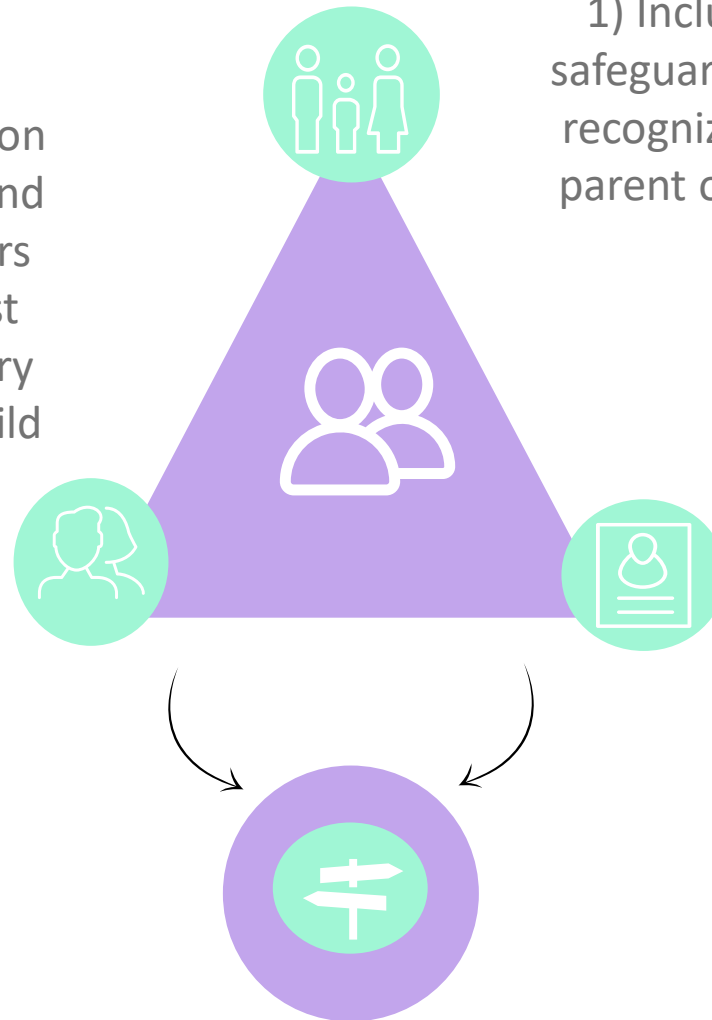
Relational Safeguarding Model



3) Use the information gathered to target and disrupt the offenders and locations whilst planning for recovery and safety of the child and family.

1) Include parent's as key safeguarding partner's whilst recognizing their needs as a parent of an exploited child.

2) Formulate robust safeguarding plans that address the extra familial risk and have accountability for all.

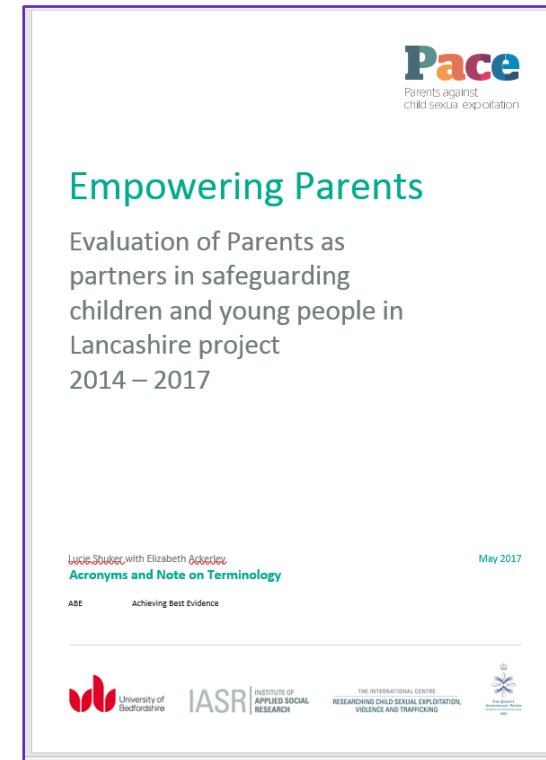
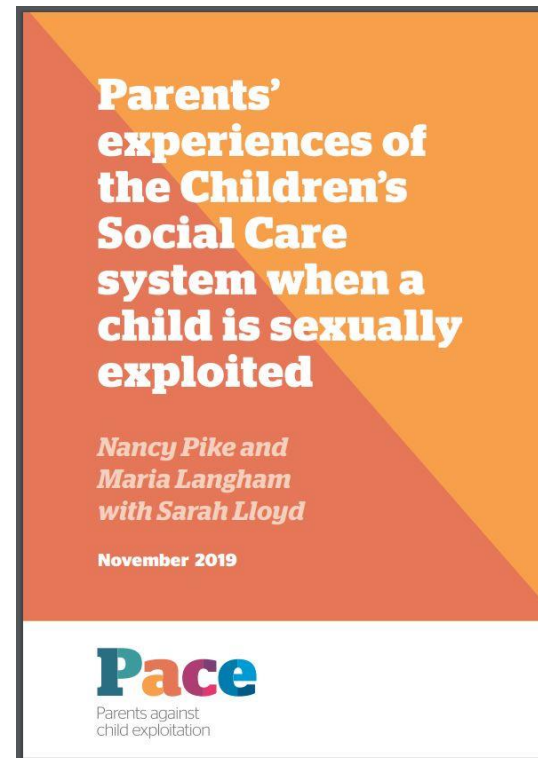
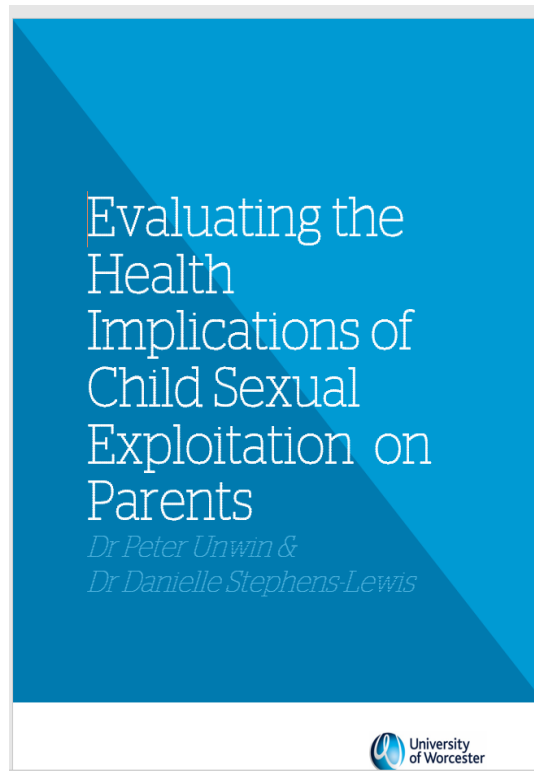


Contextual Safeguarding



Parent Story

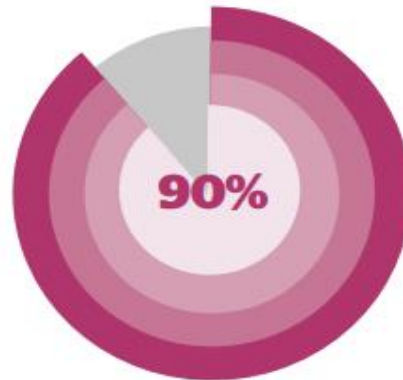
Evidence for the RSM



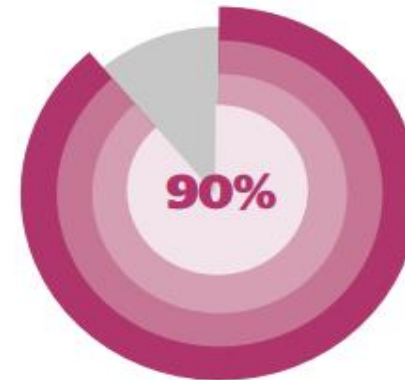
Evaluation 2022/23 RSM



of parents' understanding about the impact of trauma on their child improved

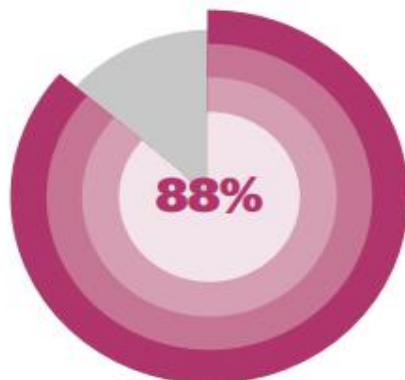


of parents' understanding about child exploitation improved

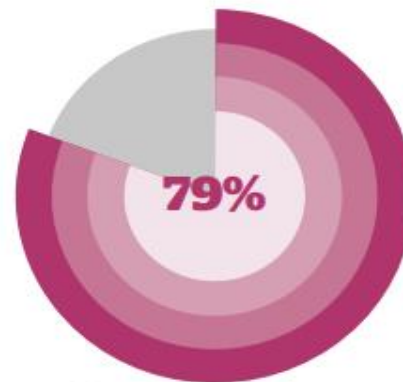


of parents' understanding about how abusers control children improved

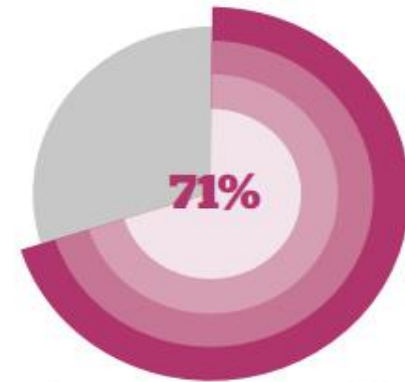
Relationship with their child



of parents felt that their Parent Liaison Officer had made a positive difference to their family life



of parents felt more confident to respond to their child's trauma effectively



of parents felt more able to resolve conflict with their child

New service pilots



- Out-of-hours crisis helpline
- Therapeutic counselling services
- Parent 10-week programme

Why we needed the services



“Evidence shows that parents want to talk on Friday and Saturday evenings...about feelings and well-being. Support line was a missing link...now have therapeutic service as well, alongside that.”

(Supervisor)



Since December 2023 the support line supported:

53 phone support sessions to be delivered by volunteers

.

30 families whose children are affected by CCE/CSE have been supported.

66% of parents accessing the support line reported that it helped reduce their feelings of anxiety.

83% of parents who accessed the support reported that they were supported to address safeguarding issues that arose within the call.

50% of the parents accessing the support line reported that it helped them feel more confident in managing behaviours linked to exploitation.

Since September 2023 the therapeutic support service has;



- Received 38 referrals
- 11 from parents affected by CSE
- 24 parents affected by CCE
- 3 parents were affected by both CSE and CCE.
- 5 did not wish to pursue counselling; 16 parents completed and closed; 9 are ongoing and 8 parents are waiting to be allocated.



Parent testimonials for therapy pilot;

"It felt more relevant [than counselling through work] because she's coming from an Ivison Trust background so she actually knows what it's like."
(Parent)

"Thank you for all your wisdom, expertise and kindness, I felt safe bearing my soul and have learnt so much about myself and going forward I feel like I am in a much better place to cope with whatever comes my way".
(Parent)



Parent testimonials for parent liaison support;

“Our PLO was our saviour. We had no one with any value helping us before. All services were involved and were not effective. Before this, we felt really helpless. She was by our side throughout support and because the exploitation got so bad then helped us to relocate and tried to sort a school placement out for our son. Nothing was too much of an ask for her.”

(Parent)

My Parent Liaison Officer has helped me create safety plans and has got my child involved so it gave my child an opportunity to have their say. The safety planning seems to be working at the minute but it's early days. I look forward to our sessions and know that I'll walk away feeling more knowledgeable and confident as a parent'.

(Parent)

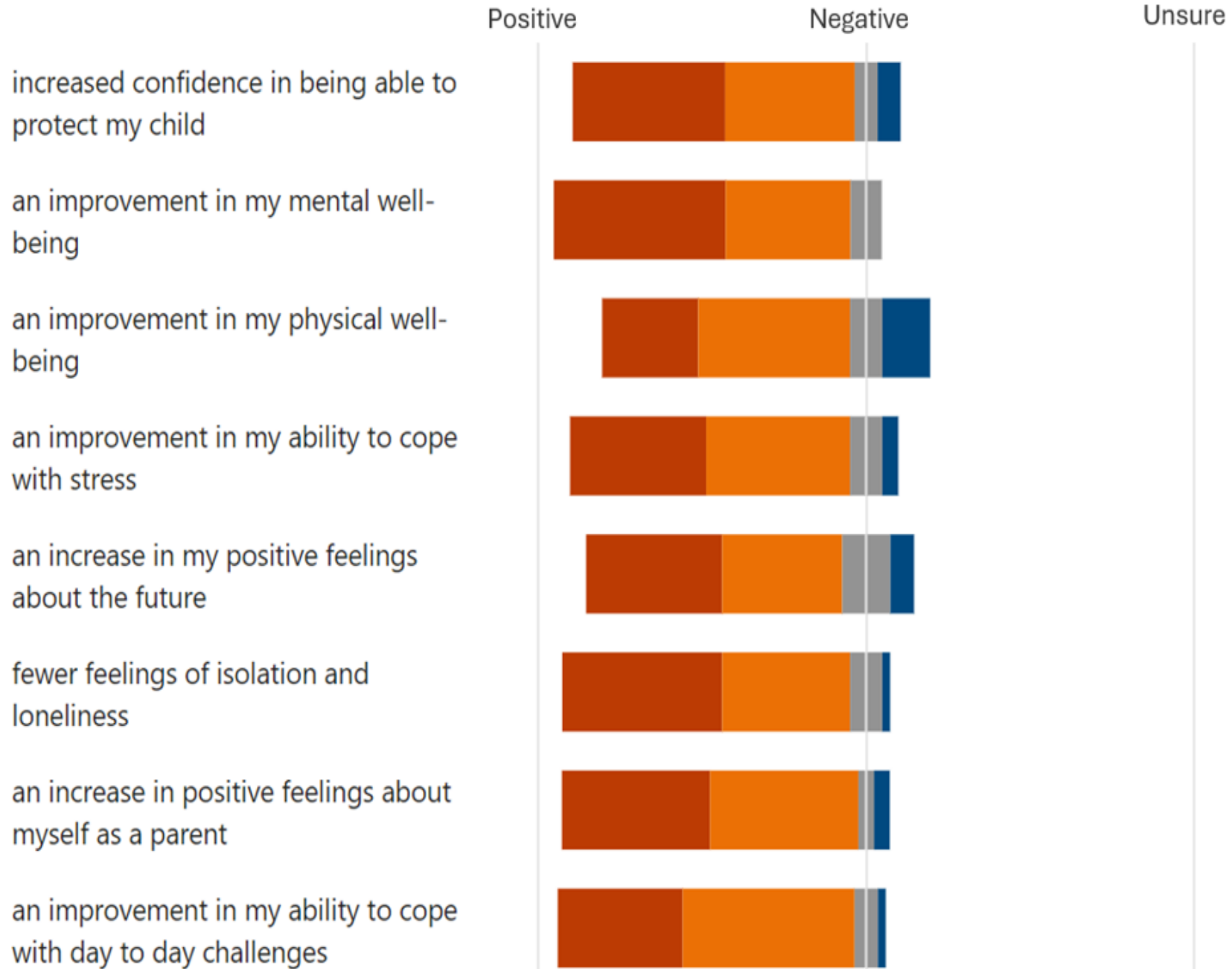


What does success look like?

“It’s the little things; a text saying they had a good weekend, went out for a day, not done that for ages. Parents want to tell me they’ve had a good time, they they’re managing”. (PLO)

“A parent who said I had shifted her view on child exploitation, she had not wanted to recognise the exploitation... (PLO)

■ Strongly agree ■ Agree ■ Disagree ■ Strongly disagree ■ Unsure



Thank you



www.ivisontrust.org.uk



info@ivisontrust.org.uk



[@ivisontrust](https://twitter.com/ivisontrust)



protecting
children, supporting
families

Registered Charity No. 1092560

Company limited by guarantee in England and
Wales No.4249272