

# **Application questions**

A supportive home: helping families to overcome challenges

## Checking whether this funding is right for you

- 1. Is your organisation registered? For example, are you a registered charity, company, statutory body or CIC?
- 2. Are you requesting funding for work in England and/or Wales?
- 3. Are you the lead organisation making a grant application to the YEF?
- 4. Do you believe your work reduces the likelihood of young people committing an act of violence later in life?
- 5. We are looking for activity focused on the grant round theme specified at the top of the page [*A supportive home: helping families to overcome challenges*]. Is your funding focused on this theme?
- 6. Will the majority of your delivery outlined in your proposal focus on / work with either:
  - Families with dependent children aged between 6 to 14 years or 6 to 18 years for dependent children with Special Educational Needs and Disabilities (SEND)
  - Looked after children aged 6 to 18 years

By 'families', we mean anyone who plays a long-term supportive role in a child's life, this could include extended family members or kinship networks, foster families and children's homes. Family may not necessarily be blood relations or family members who permanently live in the same household. We want to understand what works for children growing up with all different kinds of families."

- 7. In this round, we are interested in funding and learning about the following groups of activities. Please select which group and activity your project falls in:
  - GROUP A
    - Parent education and training interventions (including for looked after children) that focus on helping parents or carers and their children to develop positive behaviours and relationships.
    - Family therapy interventions (including for looked after children), which offer structured forms of therapy that takes place between a trained therapist and the family.



- Other approaches helping families or looked after children if they can show they're linked to reducing the risk of children becoming involved in violence.
- GROUP B
  - Parental conflict interventions, which are specifically designed to improve relationships between parents and carers
  - Domestic abuse interventions, which are specifically designed to prevent and reduce harm to adults, and often to mitigate the impact of exposure to domestic abuse on children
- 8. Every YEF funded project is independently evaluated to enable us to learn more about what does and doesn't work to reduce youth violence. You will need to work with an evaluation partner throughout this project. Please read <u>our application guidance</u> and watch <u>our video on evaluation</u>.
  - Have you read the supporting information and watched our video?
  - Have you shared this information with key decision makers in you organisation and with your proposed project partners?
  - Does your organisation and any project partners agree to work with an independent evaluator?

If you select yes we will assume for the remainder of the application process that you will comply with our approach. This is something YEF are unable to compromise on so please ensure the relevant members of your organisation has read, understood and agreed to our approach.

- 9. The Youth Endowment Fund exists to find what works to prevent children and young people from becoming involved in violence. We want young people to get the best possible support at the right time. This means we need to conduct the most robust types of research. That way, more young people will get the evidence-led services the deserve. This means that we'll run evaluations that have a 'control group' of young people who don't take part in an activity. In many cases, it is necessary to allocate young people to this 'control group' randomly otherwise it is impossible to know if something really works. Please select 'yes' to confirm that you understand that this is how we work or 'no' if you don't want to help us do this.
- 10. We are passionate about understanding what works to change things for children in the long-term. We want to avoid promoting work that looks great but doesn't make a long-term difference. To avoid this, it is a requirement for



YEF funded projects to agree to our approach to long-term data collection through our data archive. The data archive means we'll be able to learn more about what does and doesn't work to reduce youth violence over the longterm. You will not be able to progress with our funding unless you, your organisation(s) and where appropriate project partners have read, understood and agreed to our data archive. Please read [our application guidance and watch our video on evaluation. For further information please visit <u>our website</u>.

- Have you read the supporting information and watched our video?
- Have you shared this information with key decision makers and / or relevant data leads in you organisation and with your proposed project partners?
- Does your organisation and (where appropriate) your project partners agree to the data archive?

If you select yes we will assume for the remainder of the application process that you will comply with our approach, this is something YEF are unable to compromise on so please ensure the relevant members of your organisation has read, understood and agreed to the data archive.

- 11. This round we are exclusively interested in children and young people who have been identified (most likely by children's social care or other statutory body) as having unmet needs in their life, which increase their likelihood of becoming involved in violence in the future. We are particular interested in projects that focus on the follow areas / unmet needs. Which of these areas / unmet needs does your project target?
  - Children and young people who are showing early signs of, or who have developed challenges with their behaviour or their ability to regulate their emotions
  - Children and young people who have committed an offence
  - Children and young people who abuse or misuse substances, or have a substance misuse disorder
  - Children and young people who experience maltreatment or neglect from a parent
  - Children and young people who have experience of the care system
  - Families where parents, carers or siblings are involved in crime



- Families where parents or carers have not had opportunities or support to develop positive relationships with their children
- Families where there's family conflict (for example, where there's domestic violence or where conflict means parents or carers aren't able to offer emotional support to children)
- Families where parents, carers or siblings abuse or misuse substances
- Families where parents or carers are struggling with their mental health and wellbeing.
- None of these
- 12. We are interested in exploring the impact that projects might have on child and young person outcomes. To do this we need you to either:
  - Know what child and young person outcomes your project focuses on
  - Be willing to work with us to find out what child and young person outcomes your project might focus on.

Please confirm this is something you are willing and able to do.

- 13. To make sure that we're reaching the right children, young people and families we expect them to have been identified and referred by relevant statutory agencies. Please select which statutory agency refers to your project.
  - local authority children's services teams.
  - the police
  - youth offending teams
  - schools and their pastoral staff
  - housing teams
  - multi-agency safeguarding hubs or multi-agency exploitation hubs
  - community safety referral teams (or public protection teams)
  - multi-agency risk assessment conferences
  - acute centres
  - none of the above

14. Have you read the accompanying <u>YEF guidance documents</u>?

#### Your organisation

15. Please tell us about you.

- Your name:
- Your email address:



- Your role in the organisation:
- Your phone number:

Please provide a secondary contact:

- Name:
- Email address:
- Role in the organisation:
- Phone number:

16. Your organisation.

- Organisation name:
- What type of organisation are you?
- Please give details of your registration:
- Organisation address:

17. Will you be working in partnership with any other organisations on this project?

18. What is the name of your project?

### Improving the diversity of organisations we fund

- 19. The Youth Endowment Fund wants to work with a diverse range of organisations. What percentage of your leadership (Trustees and Leadership Team) identify as: Black, Asian and minority ethnic?
- 20. What percentage of your leadership (Trustees and Leadership Team) identify as Black?
- 21. What percentage of your leadership (Trustees and Leadership Team) identify as Women?
- 22. How many paid staff do you have?
- 23. How many volunteer staff do you have?
- 24. What was your total expenditure last year?
- 25. What % of the children and young people you work do you believe will be Black, Asian and minority ethnic?
- 26. What % of the children and young people do you believe will have special education needs or disabilities
- 27. What % of the children and young people do you believe will be in care or have been in care?
- 28. What % of the children and young people you work do you believe will be girls?
- 29. What % of the young people you plan to work with in this project will be 0-4 years old?



- 30. What % of the young people you plan to work with in this project will be 5-9 years old?
- 31. What % of the young people you plan to work with in this project will be 10-14 years old?
- 32. What % of the young people you plan to work with in this project will be 15-19 years old?
- 33. What area of the country will you work in? Where will this work take place?

# Understanding the activity

- 34. What difference, if funded, do you think your project will make? / If funded, what do you hope your project will achieve? [Max 250]
- 35. What is the need / demand for your project? What evidence is there for this? [ Max 250]
- 36. If working with families please select the main two outcomes the project seeks to influence: [Select up to two]
  - Supporting parent or carer skills, practices and behaviours
  - Reducing child maltreatment
  - Reducing family conflict and supporting positive interaction in the family
  - Supporting good relationships between parents or carers
  - Reducing domestic abuse
  - Reducing parental or carer mental health problems
  - Reducing parental or carer substance misuse
  - Reducing criminal involvement of family members
  - Supporting positive role models in the family
  - Other if selected provide with a free text field
  - N/A

If you are proposing to work with looked after children only please select the not applicable box.

By 'families', we mean anyone who plays a long-term supportive role in a child's life, this could include extended family members or kinship networks, foster families and children's homes. Family may include people in your household who are not blood relations. Family may include family members



who don't permanently live in the same household. We want to understand what works for children growing up with all different kinds of families.

37. We are focused on achieving positive outcomes for children and young people. Below is our (YEF's) list of child outcomes for this grant round. If you know the child outcomes your project seeks to influence, please select the top two outcomes. This may be through the work undertaken with parents, carers or other family members.

Some projects applying through this round focus on other family members (e.g. parents and carers) and may not know how the project might impact on children. If this is the case, please select the 'not sure' box. [Select up to two]

- Reducing behavioural problems
- Reducing aggression
- Reducing impulsivity
- Supporting positive, prosocial behaviour
- Reducing anxiety and nervousness
- Supporting self-esteem
- Reducing antisocial or negative attitudes
- Supporting prosocial or positive attitudes
- Supporting school engagement, attendance, and attainment
- Reducing substance misuse
- Reducing non-violent offending
- Reducing violent offending
- Other if selected provide with a free text field
- Not sure

38. In this round, we are interested in funding and learning about the following

groups of activities. Please select the activity your project falls in to:

- GROUP A
  - Parent education and training interventions (including for looked after children) that focus on helping parents or carers and their children to develop positive behaviours and relationships.
  - Family therapy interventions (including for looked after children), which offer structured forms of therapy that takes place between a trained therapist and the family.



- Other approaches helping families or looked after children if they can show they're linked to reducing the risk of children becoming involved in violence.
- GROUP B
  - Parental conflict interventions, which are specifically designed to improve relationships between parents and carers
  - Domestic abuse interventions, which are specifically designed to prevent and reduce harm to adults, and often to mitigate the impact of exposure to domestic abuse on children
- 39. Please describe the activity your project team and partners plan to deliver? What is the experience of the children, young people and families involved in your project? What is the timeline of activities from their point of view? We are asking this question to assess whether what you are planning to do is likely to achieve the outcomes you have in mind, so do describe as clearly as possible. [Max 500 words]
- 40. Once a child, young person, and / or family have come to the end of the project activities how do you transition them out of your project? [250 Max]
- 41. In what setting are the activities mainly delivered? [Pick as many as applicable]
  - School or other educational setting
  - Young person's home:
    - Family home / living with family
    - Residential children's home
    - Foster home
    - Independent / Semi-independent / Supported living
    - Temporary accommodation
  - Sports Club or Recreation / Leisure Facilities
  - Youth Centre or other community setting
  - Social care setting
  - Children's services setting
  - Health setting
  - Police of criminal justice setting
  - Other [Free text]
- 42. On average, how long do you work with children and / or families to deliver this activity? Please enter the number of months. What is the reason for the length of delivery? [Max 150]



## **Confidence of activity**

- 43. You have now told us what difference your activity aims to make to young people and what your activity is. How confident are you that your activity will lead to this change?
  - Very High
  - High
  - Quite High
  - Moderate
  - Low

What makes you pick this option? Please include any explanation of how your activity causes this change [Max 500]

Please include a link/reference to any supporting evidence cited - avoid links to videos or multimedia is we will not be able to assess these as part of the application.

- 44. If you would like to include any supporting information and / or publicly available evaluations of your project please include this here along with a link/reference. If you have Theory of Change and / or Logic Model that you would like to share with us, please upload the documentation here. Please ensure this evidence and information based rather than links to videos.
- 45. Please tell us about the type of children and / or families you plan to work with? Options: Free text [Max 250]

Please note in this grant round we are interested in working with:

- Children and young people who are showing early signs of, or who have developed challenges with their behaviour or their ability to regulate their emotions
- Children and young people who have committed an offence
- Children and young people who abuse or misuse substances, or have a substance misuse disorder
- Children and young people who experience maltreatment or neglect from a parent
- Children and young people who have experience of the care system
- Families where parents, carers or siblings are involved in crime



- Families where parents or carers have not had opportunities or support to develop positive relationships with their children
- Families where there's family conflict (for example, where there's domestic violence or where conflict means parents aren't able to offer emotional support to children)
- Families where parents, carers or siblings abuse or misuse substances
- Families where parents or carers are struggling with their mental health and wellbeing.
- 46. How do children, young people and, if appropriate, families get referred to your project? If you have multiple referral pathways, please tell us where most of your referrals will come from? Can you tell us what happens to children, young people and families who don't get referred to your project what else is provided or offered by you or others? [Max 250]

### Risk

- 47. Often organisations struggle to reach the children, young people and / or families that they want to work with. How would you rate the risk that you won't be able to successfully reach the type of children and / or families that we are trying to reach?
  - Very High
  - High
  - Quite High
  - Moderate
  - Low

What makes you pick this option? [Max 500]

You might want to consider the following when answering this question:

- What experience your project and project partners have working with the children, young people and / or families you would like to work with?
- How you intend to target the children, young people and / or families you would like to work with?
- How you plan to reach the more marginalised children, young people and / or families in society that typically struggle to access existing support services?



- How you know whether the children, young people and / or families referred to you are 'right' for your project?
- What are the risks of failing to reach the children, young people, and / or families you would like to work with? and how do you propose to mitigate those?
- 48. Often organisations struggle to deliver the activity they have applied to deliver. What risk is there that you won't be able to successfully deliver this intervention?
  - Very High
  - High
  - Quite High
  - Moderate
  - Low

What makes you pick this option? [Max 500]

- 49. What experience have you got of delivering this activity to these type of children, young people or families? [Max 250 words]
- 50. What adjustments have you made to ensure all children and young people have equal access and are able to engage with the activities you deliver? [Max 250]
- 51. We are interested in the level of experience of the people delivering the activities. Could you tell us a bit about who these people are (volunteers or paid staff), their average level of experience, any training or professional qualifications they would have and any ongoing support, supervision or CPD they are required to receive as part of the role? [Max 150 words]
- 52. Often organisations struggle to deliver the activity in the location or areas that they have in mind. What risk is there that you won't be able to successfully deliver your project in the locations or areas you have identified?
  - Very High
  - High
  - Quite High
  - Moderate
  - Low



What makes you pick this option? [Max 250] (Perhaps you already work here or have particular connections or perhaps you have a track record of going to new locations or areas?)

53. Often organisations struggle to deliver the activity as they haven't spotted why things would go wrong. Aside from things you have already mentioned, what is the main risk to you not being able to deliver this intervention? [Max 20 words]

How likely is this?

- Very High
- High
- Quite High
- Moderate
- Low

Why do you say this level of risk? [Max 250 words]

## Tell us about the young people you'll be working with

54. If your application is successful, the number of children, young people and families you deliver to will be influenced by your project's capacity and the type of evaluation study undertaken. This will be explored in detail with your evaluator and YEF. As we want our funded projects to have a focus on child and young person outcomes we need projects to be able to work with at least 60-100 children and young people in total across the duration of their proposed project.

What is the minimum and maximum number of children and young people you could deliver activities to across the duration of your proposed project?

If your project fits into our Group A activities of interest we would expect the total number of children and young people you work with across the duration of your project to be at least 100.

55.

- How many children and young people did you deliver this project to this year?
- If applicable, how many parents or carers did you deliver this project to this year?



- How many children and young people would you seek to deliver to in the first year?
- If applicable, how many parents or carers would you seek to deliver to in the first year?
- How many children and young people would you seek to deliver to in the second year?
- If applicable, how many parents or carers would you seek to deliver to in the second year?
- How many children and young people would you seek to deliver to in the third year? (if applying for three years)
- If applicable, how many parents or carers would you seek to deliver to in the third year? (if applying for three years)
- How high is the risk that you won't be able to scale up like this, assuming we provide the funding?

Why do you say this level of risk? [Max 250]

56. If we found that what you do works brilliantly, we would want to take it across England and Wales. If we wanted to make that happen, which would be the easiest way to do it do you think? [Select from the answers]

- You to become a larger organisation with a national reach
- Others to be trained to deliver what you are doing
- A change of policy leading to this becoming mainstream activity

How hard do you think this would be?

- Impossible
- Hard
- Moderate
- Easy

What makes you choose that option? [Max 250]

- 57. Have you, or someone involved or associated with your project applied for or are in the process of applying for any research grants for the project you are seeking YEF funding for?
- 58. What is the total budget value for this project?
- 59. What % of the total budget for your proposed activity is coming from us?



60. Please complete the table below to tell us how much your project will cost. We have asked you to split your amounts into 4 types:

- Project costs
- Overhead costs (e.g. your office costs)
- Staff costs
- Equipment costs

You can apply for up to 3 years of funding. If you are only applying for 1 or 2 years of funding, you only need to complete those parts of the table.

61. Based on the minimum and maximum number of children you said you could deliver activities to across your whole project what would the cost per child and if appropriate cost per family engaging in your project?